

Final Objectives 2022-23

Well-Being Committee

Chair: Jessica M. Maye, DO, FACEP

Board Liaison: Gabor D. Kelen, MD, FACEP

Staff Liaison: Alyssa Ceniza

1. Solicit nominations for the 2023 Emergency Medicine Wellness Center of Excellence Award and recommend a recipient to the Board of Directors. Identify exemplary practices submitted by applicants that promote wellness and promote on ACEP communication channels.
2. Provide the structure, curriculum and educational materials for a peer-to-peer support program that can be instituted by individual organizations, institutions, and chapters.
3. Create and curate wellness content for emergency physicians and providers to encourage personal and professional wellness strategies to be released throughout the year. Explore new communication channels for wellness content. Contribute wellness content to ACEP23; consider planning a wellness activity at ACEP23.
4. Update and finalize the latest version of the *“Being Well in Emergency Medicine: ACEP’s Guide to Investing in Yourself”* and corresponding toolkits for website feature.
5. Develop a series of articles for submission to *ACEP Now*, including how to improve being well in emergency medicine and building resilience.
6. Complete an information paper on best practices regarding paid parental leave for emergency physicians as directed in Amended Resolution 36(17) Maternity and Paternity Leave or a PREP as an adjunct to the “Family and Medical Leave” policy statement. Collaborate with the Academy for Women in Academic Emergency Medicine to develop a document on best practices for parental leave for emergency physicians.
7. Review the following policy per the Policy Sunset Review Process:
 - Emergency Physician Shift Work (and PREP titled “Circadian Rhythms and Shift Work”)

Determine by December 15 if the policies should be reaffirmed, revised, rescinded, or sunsetted. Submit any proposed revisions to the Board for approval by the end of the committee year.
8. Develop an information paper as directed in Amended Resolution 20(19) Supporting Physicians to Seek Care for Mental Health and Substance Use Disorders (first and third resolveds).