

# Protocolizing the stroke transfer process

E-QUAL Stroke Webinar

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# Presenter



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### Disclosures

- I have received research funding from NIH, AHRQ, University of MIchigan
- I do not have any disclosures





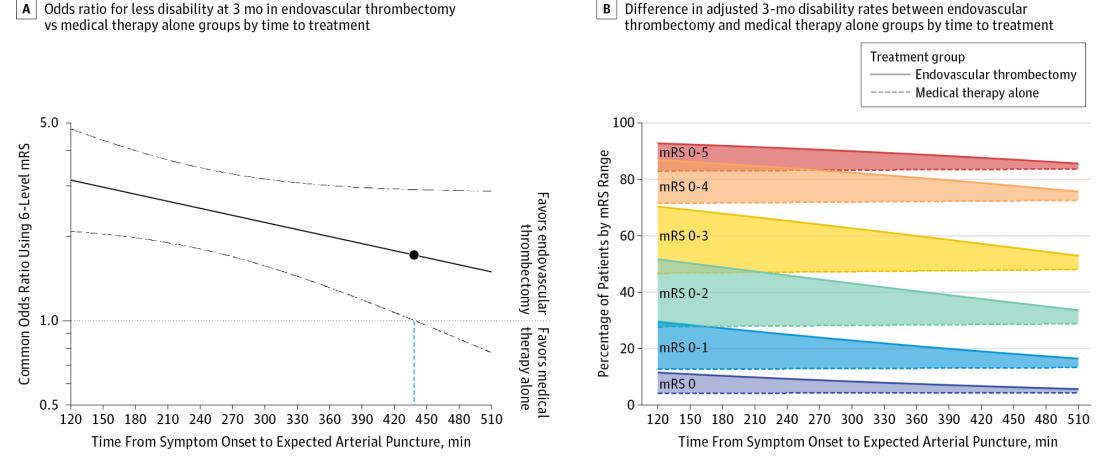
# **Objectives**

- Review biological rationale for rapid transfer
- Organization of stroke care
- Consider methods for reducing door in door out time
- Describe current research



#### From: Time to Treatment With Endovascular Thrombectomy and Outcomes From Ischemic Stroke: A Metaanalysis

JAMA. 2016;316(12):1279-1289. doi:10.1001/jama.2016.13647



Association of Time From Symptom Onset to Expected Time of Endovascular Thrombectomy Procedure Start (Arterial Puncture) With Disability Levels at 3 Months in Endovascular (n = 633) vs Medical Therapy (n = 645) Groups mRS indicates modified Rankin Scale. Time was analyzed as a continuous variable. Data were adjusted for age, sex, baseline stroke severity (National Institutes of Health Stroke Scale), target occlusion location, and concomitant intravenous tissue plasminogen activator. A, The 6-level mRS combined ranks 5 and 6 into a single worst outcome rank. The solid curve indicates the best linear fit between the common odds ratio for improved outcome over the 6-level mRS. The dashed curves indicate 95% CIs. The P value for interaction was. 07. The lower bound of the 95% CI crosses 1.0 at 438 minutes (vertical blue dashed line). When the 7-level mRS was analyzed, with rank 5 considered a better outcome than rank 6, the lower bound of the 95% CI crossed 1.0 at 418 minutes. B, Upper solid line of each colored band indicates outcome rate in the endovascular thrombectomy group; lower dashed line of each band indicates outcome rate only group. The widths of the colored bands indicate the absolute differences between the endovascular thrombectomy group works 0-3. For example, at the symptom onset to expected arterial puncture time of 300 minutes, the x intercepts indicate outcome rates (mRS 0: 8.0% for the endovascular thrombectomy group; mRS 0-3: 62.7% for the endovascular thrombectomy group; mRS 0-4: 82.4% for the endov

vs 72.0% for the medical therapy group; mRS 0-5: 90.0% for the endovascular thrombectomy group vs 83.3% for the medical therapy group)

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# **Choice of thrombolytic**

- EXTEND IA TNK is TNK 0.25 mg/kg better than standard alteplase?
- EXTEND IA TNK part 2 it TNK 0.4 mg/kg better than TNK 0.25 mg/kg?
- Large vessel stroke, with intent to go to thrombectomy
- Results
  - TNK 0.25 mg better (median mRS 2 versus 3) in about 200 patients
  - TNK 0.4 mg NOT better than 0.25 mg

- TNK is simpler to infuse (single bolus dose)
- TNK has better outcomes (clinical and recanalization)





### JAMA Network"

**QUESTION** Does a tenecteplase dose of 0.40 mg/kg vs 0.25 mg/kg improve cerebral reperfusion prior to endovascular thrombectomy in patients with large vessel occlusion ischemic stroke?

**CONCLUSION** This randomized trial found that the 0.40-mg/kg dose of tenecteplase does not confer an advantage over the 0.25-mg/kg dose in patients with large vessel occlusion ischemic stroke.

#### **POPULATION**

**159** Males 141 Females

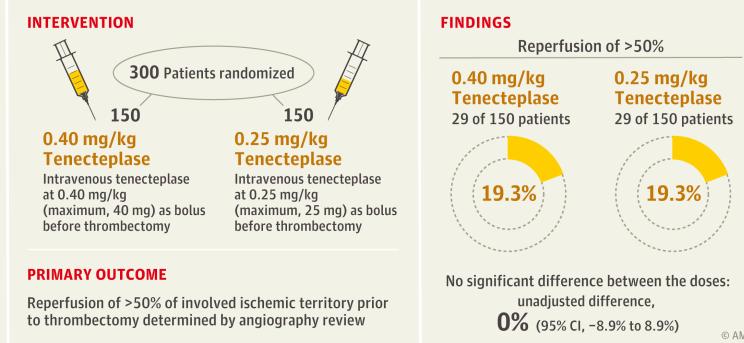
Adults with occlusion of the intracranial internal carotid, basilar, or middle cerebral artery and <4.5 hours after symptom onset

Mean age: **73** years

#### LOCATIONS

28 Hospitals in Australia and New Zealand





Campbell BCV, Mitchell PJ, Churilov L, et al. Effect of intravenous tenecteplase dose on cerebral reperfusion before thrombectomy in patients with large vessel occlusion ischemic stroke: the EXTEND-IA TNK part 2 randomized clinical trial [published online February 20, 2020]. JAMA. doi:10.1001/jama.2020.1511

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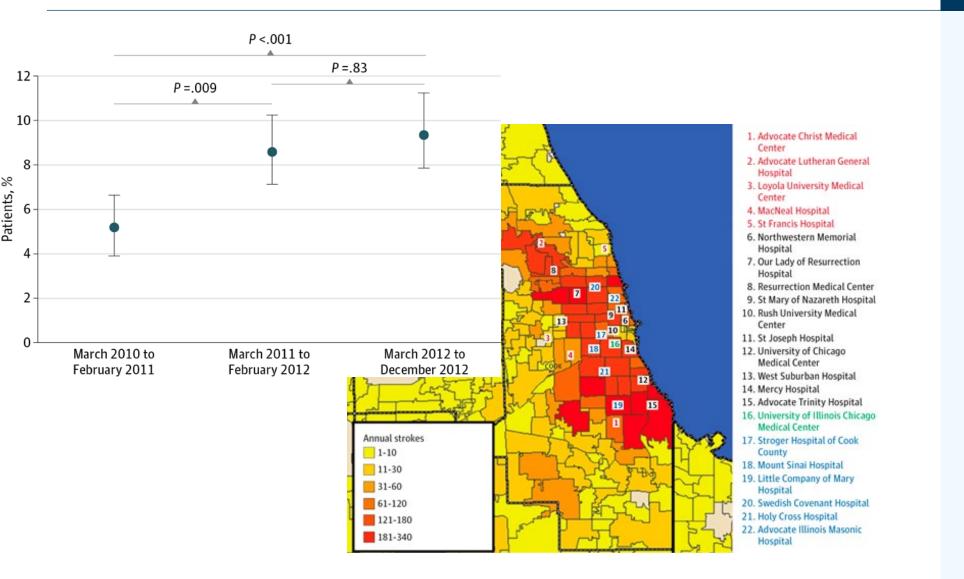


# **Stroke Systems of Care**

- Balance patients across hospitals
- Prehospital triage
- Differing capabilities
- Population density (rural versus suburban versus urban)

- 37% of stroke centers are endovascular capable
- About 20% of the US population is within 15 minutes of an endovascular capable stroke center
- Stroke, 51(4), 1207-1217.





- A policy change in Chicago led to EMS triage of stroke to primary stroke centers
- Intravenous thrombolysis increased substantially
- JAMA Neurol. 2013;70(9):1126-1132



#### 240 220 200 180 160 146 140 120 115 100 93 80 70 60 62 56 40 25 20 20 13 <u>1</u>6 0 Door to ED Door to CT Door to Door to DTN Door to Door to DIDO Door to Door to Door to triage MD telestroke telestroke CTA start transfer ambulance ambulance activation initiation contact arrival center contact

## Median Process Times in ED (min)

- Preliminary data from E-SPEED project (PI: S. Prabhakaran) presented at International Stroke Conference in 2020
- Identifies major opportunities (up front CTA)
- Future severity thresholds?





# **Questions?**





# **Thank You**