## Evidence-based Staffing and Scheduling

Jody Crane, MD, MBA Chief Medical Officer

<u>jody crane@teamhealth.com</u>

#### **Outline**

- Academic Principles
- Case Study 75,000-visit ED
- Approach to Staffing Optimization
  - Define Demand
  - Define Capacity
  - Contextualize
- Conclusions

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### Queuing Theory - Agner Krarup Erlang



Copenhagen Telephone Company (KTAS), 1908

"Solution of some Problems in the Theory of Probabilities of Significance in Automatic Telephone Exchanges," 1917



Customer Arrivals Queue (waiting line)



Server •

Customer Departures







Customer
Arrivals

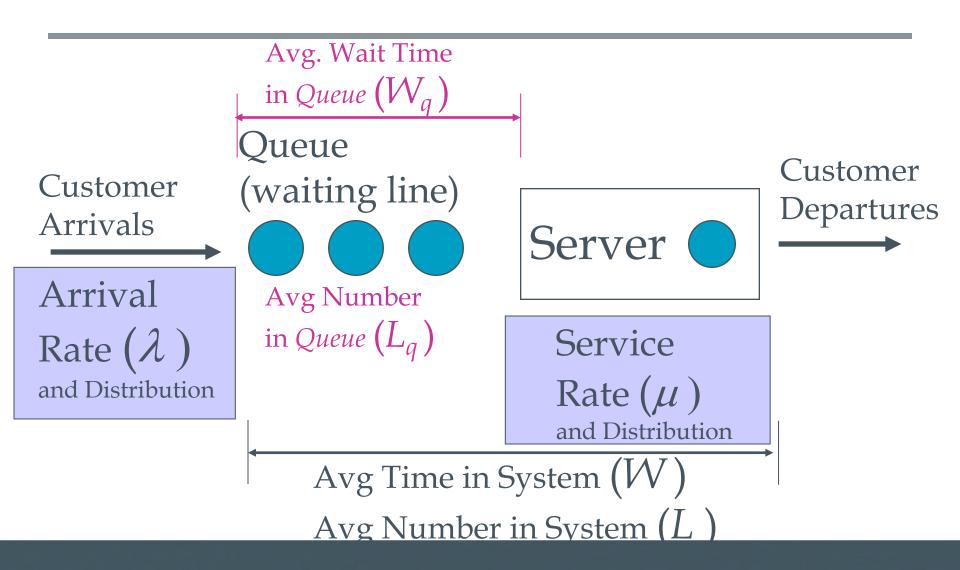
Arrival

Rate  $(\lambda)$ 

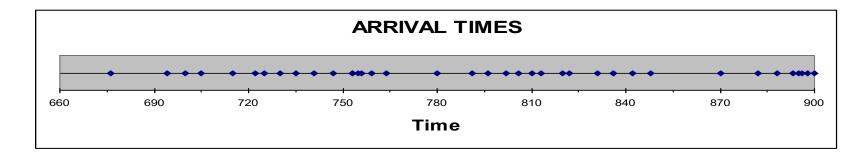
and Distribution

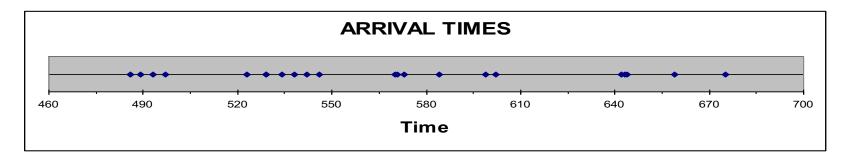
Server Customer
Departures

Service Rate  $(\mu)$  and Distribution



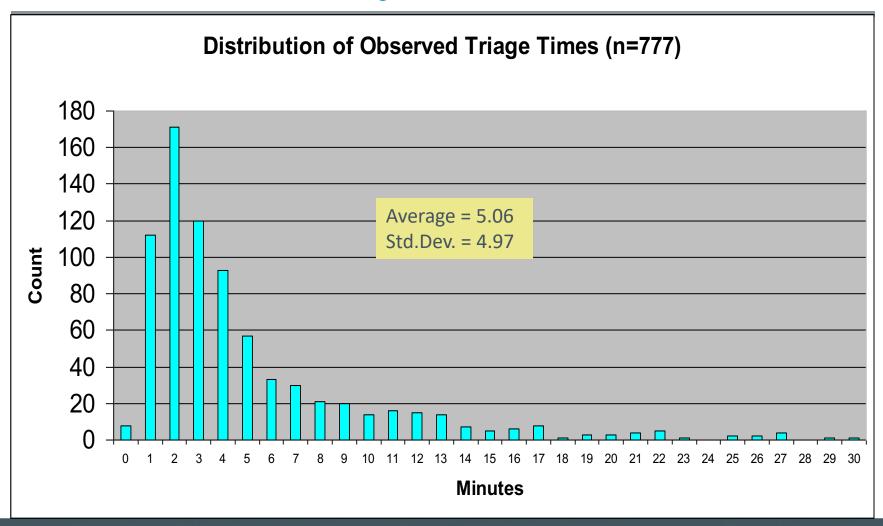
## Demand on Key Servers - Arrivals





Arrival data from a California hospital. Mondays, 2pm-6pm.

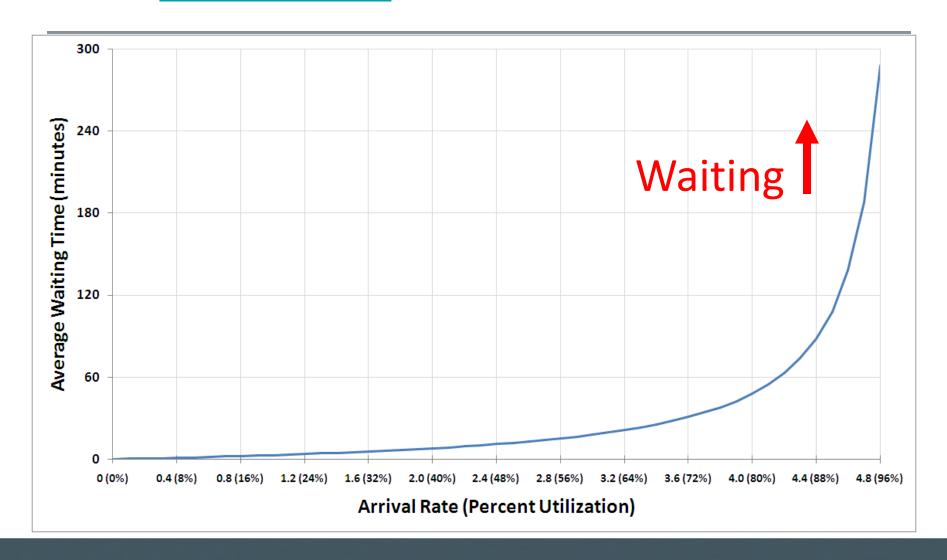
## Demand on Key Servers - Service



## As Server *Variation* Increases...



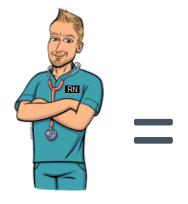
## As <u>Utilization</u> Increases...



#### Theory of Constraints – FT Example



3pts/hr 30 min/pt



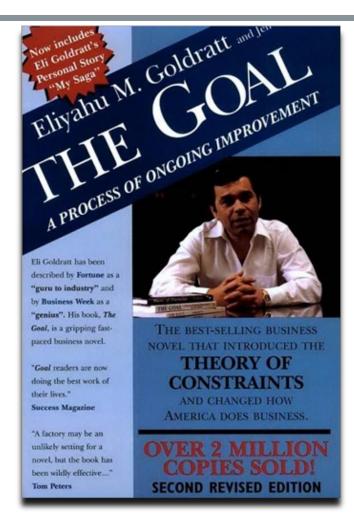
Nurse

1) How many patients can my clinic see per hour?

- 2) How can you improve this system?
- 3) if you can't add resources....

## **TOC: The Theory of Constraints**

- Bottleneck A resource that has the capacity equal to or less than the demand placed upon it
- Non-bottleneck
   resource that has a capacity that is greater than the demand placed upon it



#### **Outline**

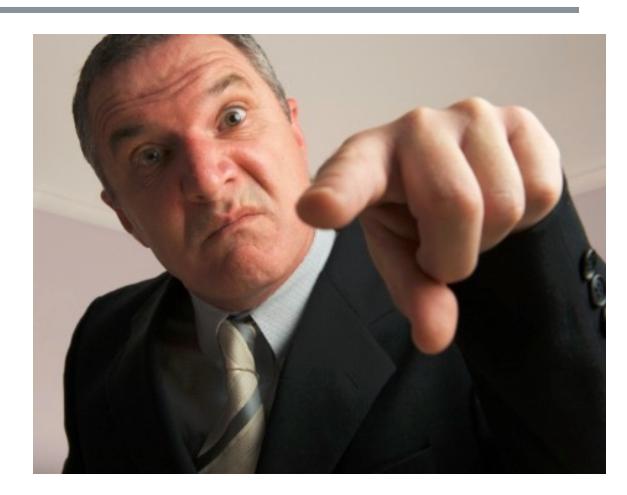
- Academic Principles
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## Case Study: 75,000-visit Peds ED

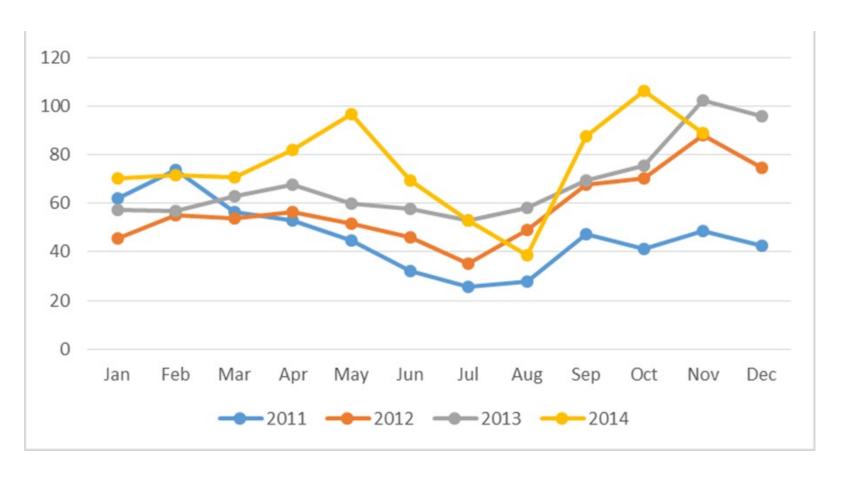


#### You're called into the CEO's Office!

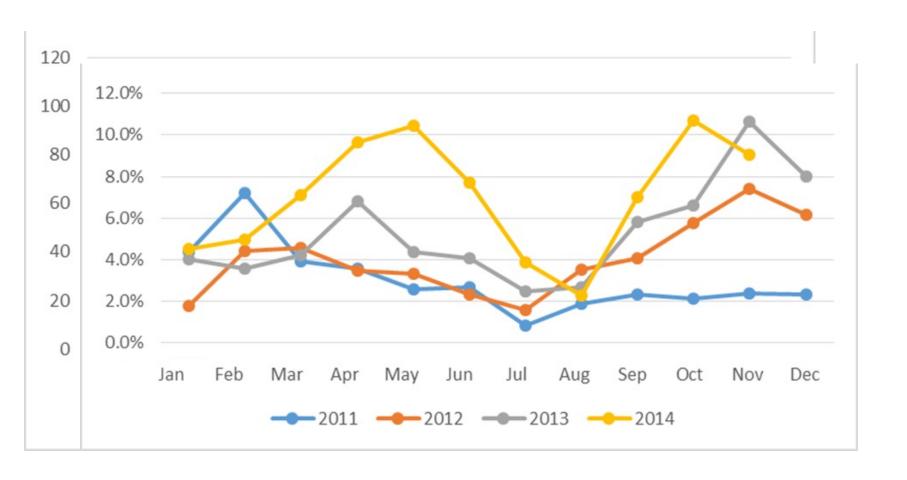
Our ED really stinks!



## Peds ED Door to Doc by Month



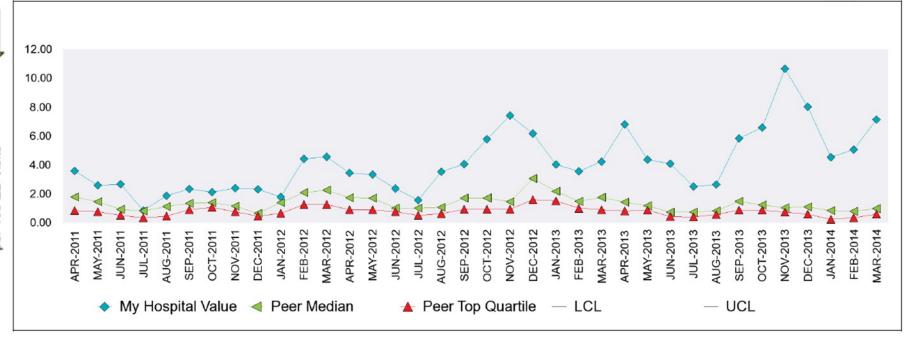
## Peds ED LWOBS by Month



#### Peds ED LWOBS vs. Peers



% Left Without Being Seen per 100 ED Visits



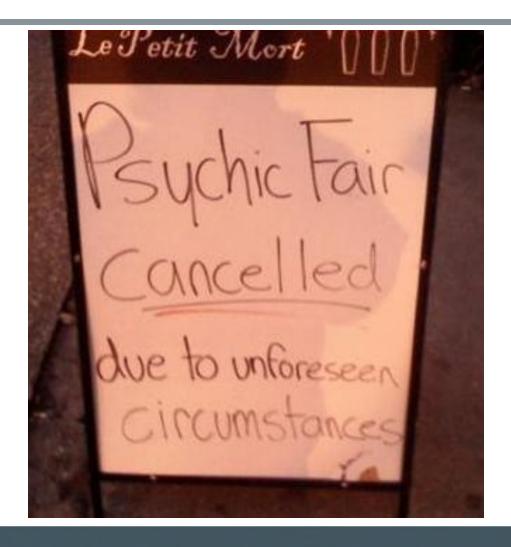
#### You're called into the CEO's Office!

Our ED really stinks!

YOU better fix this NOW!



## What are you going to do?



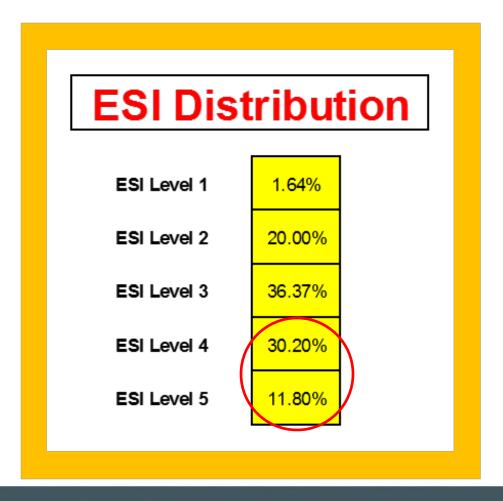
#### What Information Do You Need?



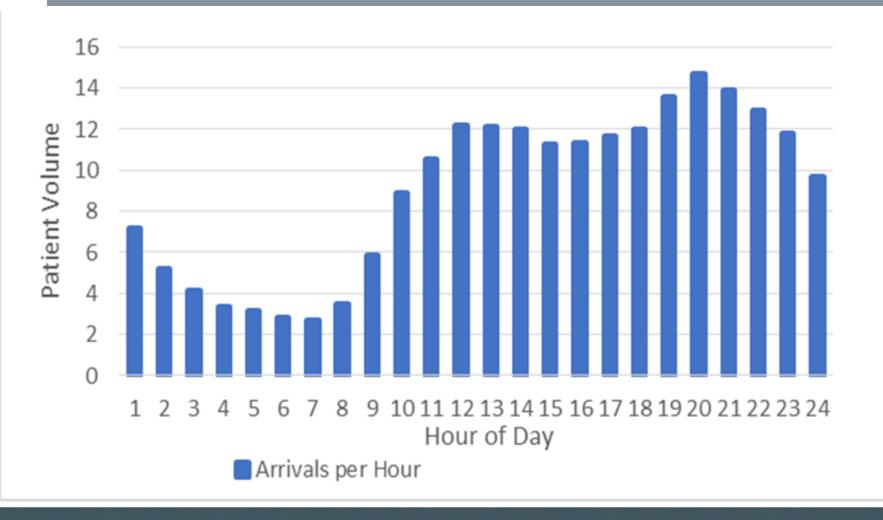
## What data do you need from your analyst (1 word only)?



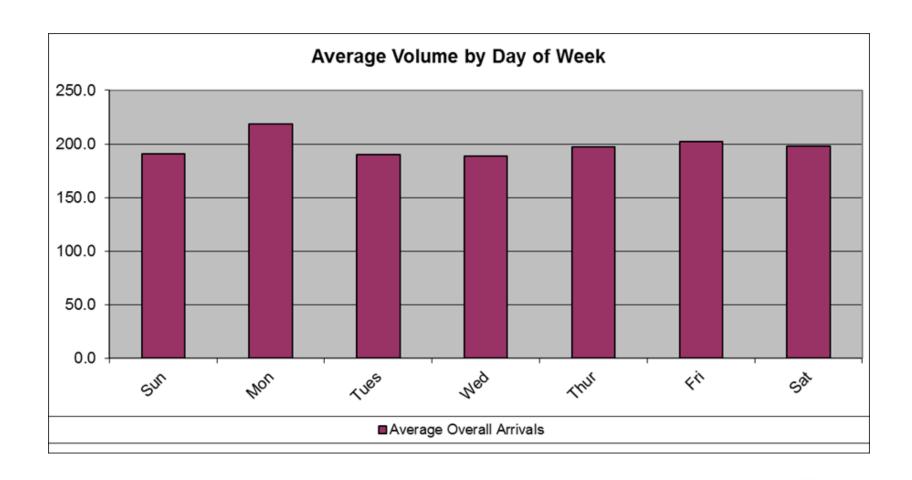
## PEDs ED Acuity Mix by ESI Level



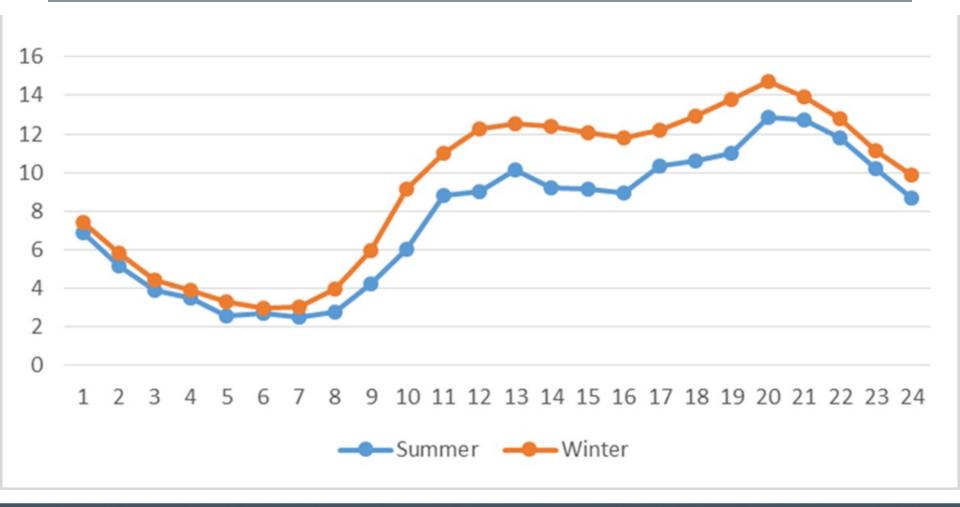
## Peds ED Hourly Arrivals



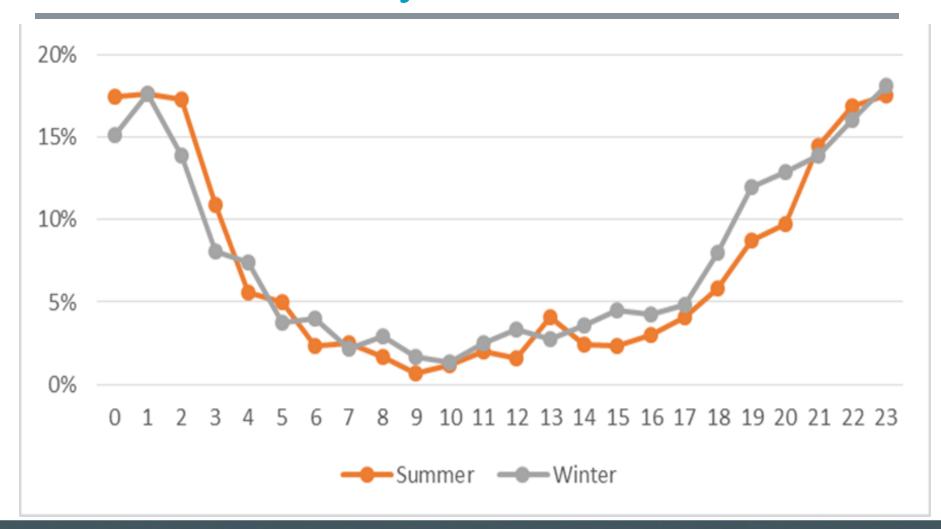
## Peds ED Day of Week Arrivals



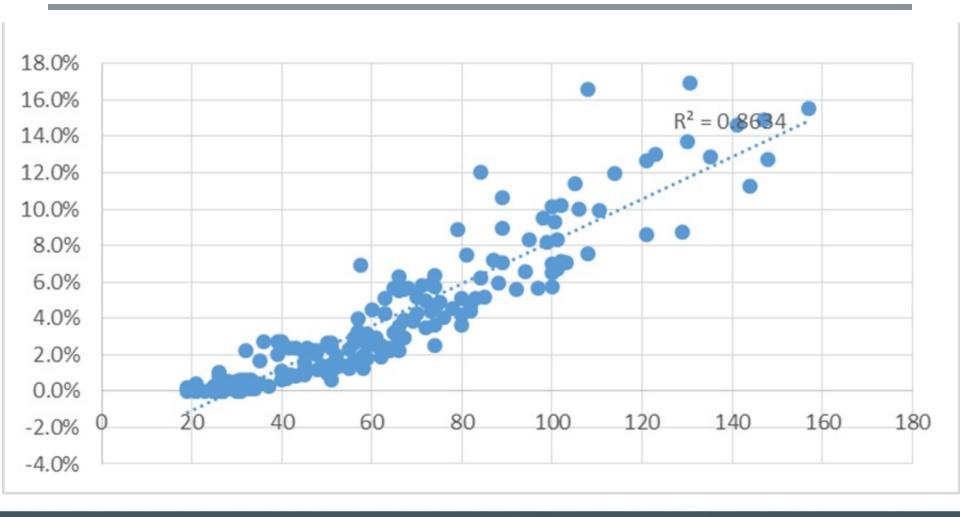
## Peds ED Seasonal Hourly Arrivals



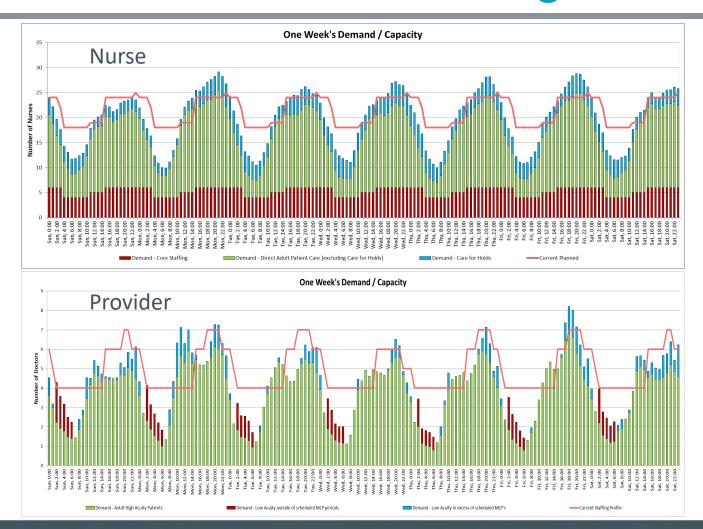
## Peds ED Hourly LWOBS



#### Peds ED LWOBS vs Door to Doc



## Nurse vs. Provider Staffing



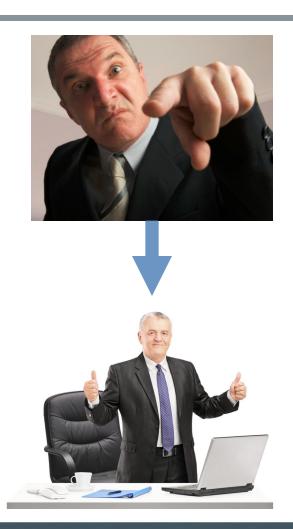
#### Breakout Session – 7 min

# How do you turn this around?

Provide a 5-point, bulleted summary of the following:

- 1. Problems identified (top 3)
- 2. Proposed solutions (top 3)
- 3. Information needed (top 3)

Designate one person to present



## What are the most significant problems in this emergency department?

#### Top

• test'

#### **Outline**

- Academic Principles
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## Basic Approach to Staffing

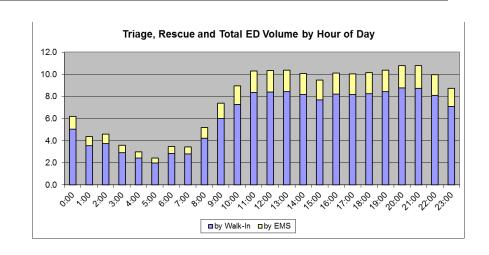
- 1. Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

## Basic Approach to Staffing

- Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

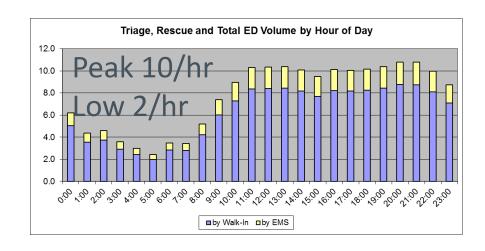
#### 1. Define the Arrival Demand

- Arrival demand defines the demand for healthcare delivery
- Is the primary driver for physician, APC, and resident staffing



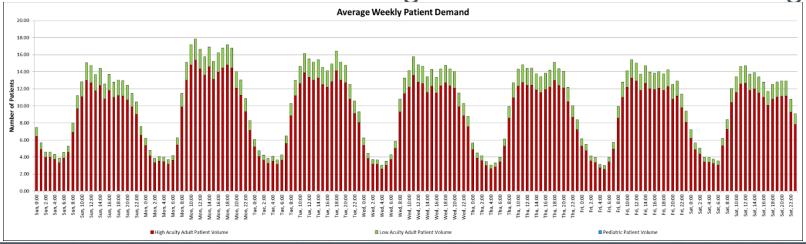
## 1. Demand – Hour of Day Variation

- Peak usually starts between 8a and 11am
- Usually ends between 9pm and 11pm
- Typically between 4:1 and 6:1 peak vs overnight arrivals
- Pediatrics and low acuity higher evenings



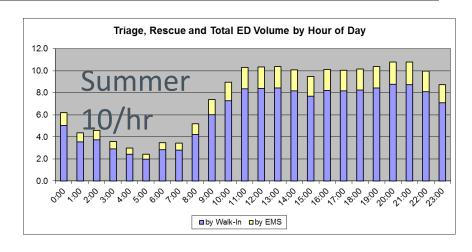
#### 1. Demand – Hour of Week Variation

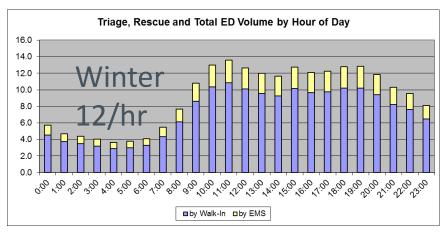
- Volume varies significantly by day of week in most institutions
- Weekend volume is usually lower than weekday volume
- Mondays are usually the <u>busiest</u> and also have the <u>highest</u> <u>acuity</u>
- Pediatrics will have much higher weekends and evenings



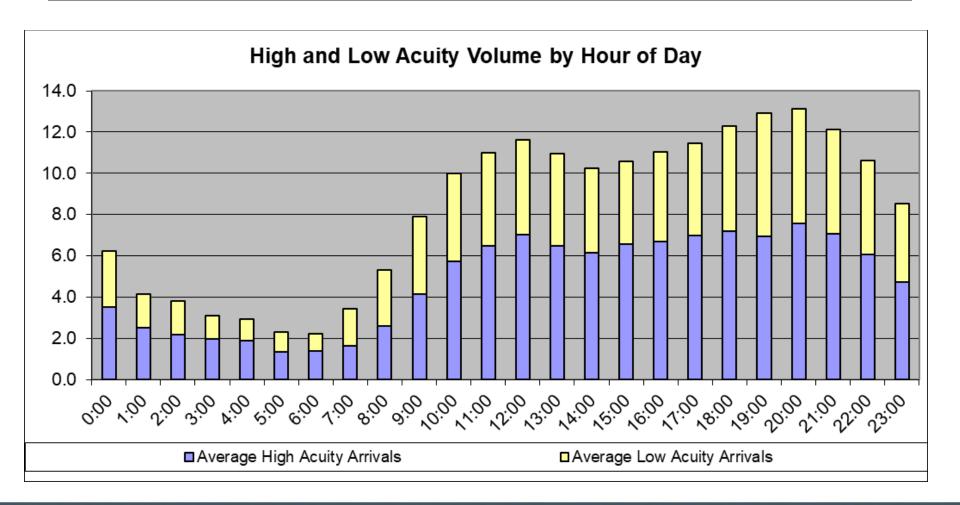
## 1. Demand - Seasonal Variation

- Seasonal Variation can be problematic if not considered
- Ultimately affects the size of your ED and the operational approach
- Peds follows this profile
- Need specific strategies to staff appropriately – part time staffing, preferential vacations, snowbird scheduling

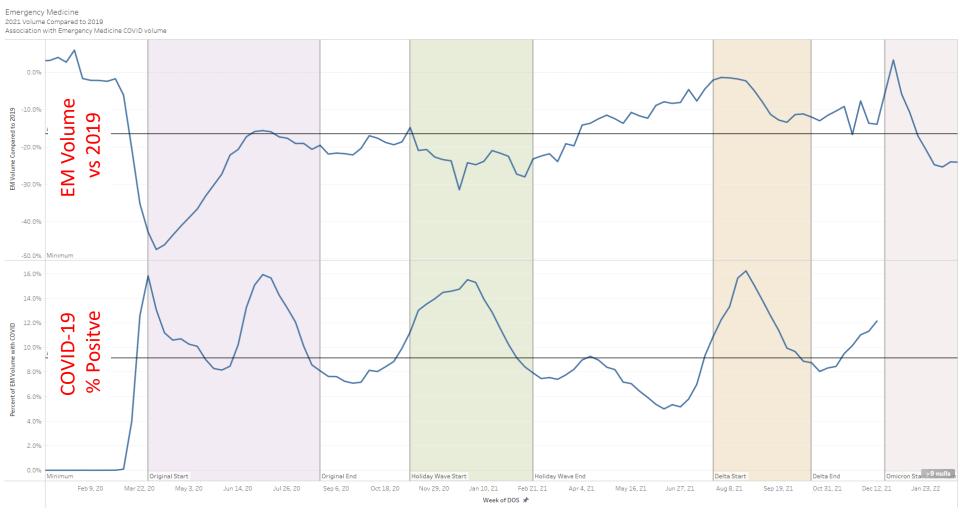




## 1. Demand - Acuity



## 1. Demand – Special Demand COVID-19



The 2020 holiday wave aligns most closely with the current volume experience; both in timing around the holiday season and the depth of the

## Basic Approach to Staffing

- Define the arrival <u>Demand</u>
- 2. Define and align the server <u>Capacity</u> (physician, nurse, APC, resident, bed productivity)
- 3. Execute in the *Context* of your current operational environment

## 2. Define Server Capacity

1. Assess the volume over a week and divide by the total staffing hours

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = 2 \text{ pts/hr}$$



# 2. Capacity – Average Service Rate

- Assess the volume over a week and divide by the total staffing hours
- 2. Peak productivity will usually be higher as lower overnight volumes tend to drive the overall average down

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = 2 \text{ pts/hr}$$

$$\frac{1100 \text{ pts/wk}}{500 \text{ doc hrs/wk}} = 2.2 \text{ pts/hr}$$

#### Benchmarks are Scarce

#### Nursing

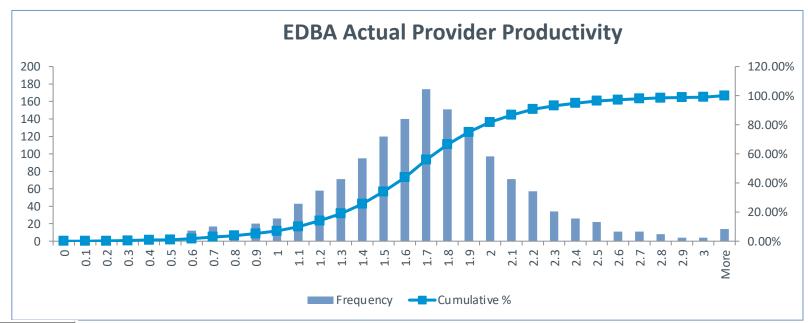
- No source for ideal productivity
- Most recommendations are from nurse advocate organizations
- Growing evidence that lower nurse staffing results in increased morbidity, mortality, and cost

#### **Physician**

- No source for ideal productivity
- ACEP, SAEM, AAEM all have position statements
- Other studies are largely inaccurate, outdated

Recommended Benchmarking Sources: ACEP; Premier; EDBA; VHA

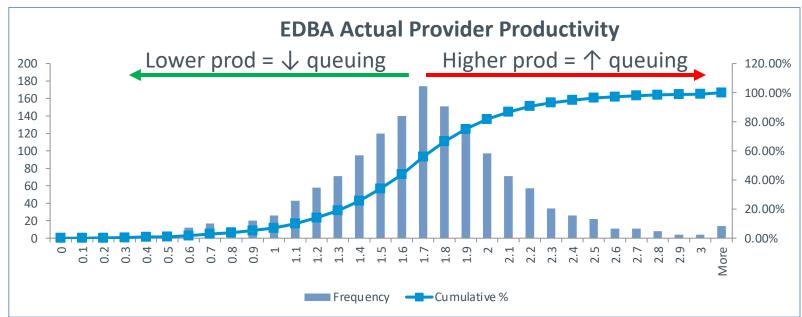
## **EDBA Actual PPH**



EDBA Actual Provider PPH		
Mean	1.67	
Median	1.67	
Mode	1.34	
Standard Deviation	0.46	
Range	3.84	
Minimum	0.14	
Maximum	3.98	
Count	1377	

Based on 2018 data

#### **EDBA Actual PPH**

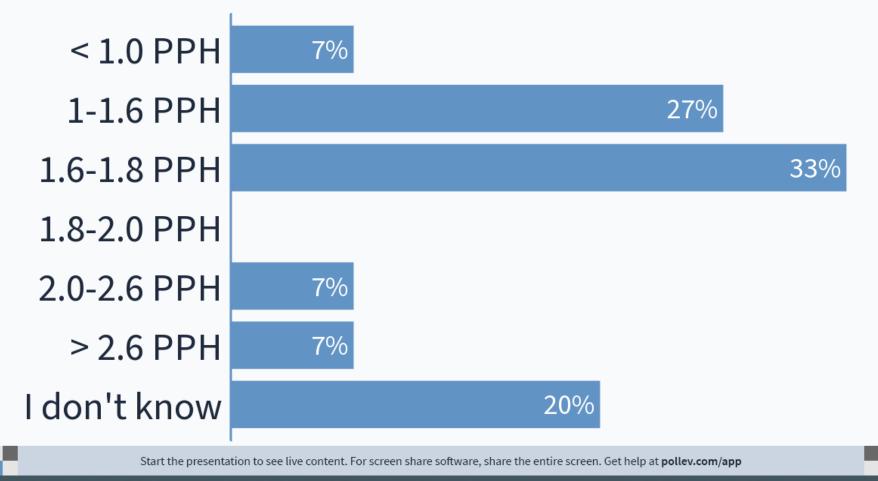


EDBA Actual Provider PPH		
LDBA ACCUAITIONAET FFTT		
Mean	1.67	
Median	1.67	
Mode	1.34	
Standard Deviation	0.46	
Range	3.84	
Minimum	0.14	
Maximum	3.98	
Count		1377

Must take system flow into account!



#### What is Your Current Provider Productivity?



## 4,000 Clicks



- 43% of time on data entry
- 28% on direct care
- 12% Results review
- 13% Communication
- 3% Other

ADVERTISEMENT

Your one

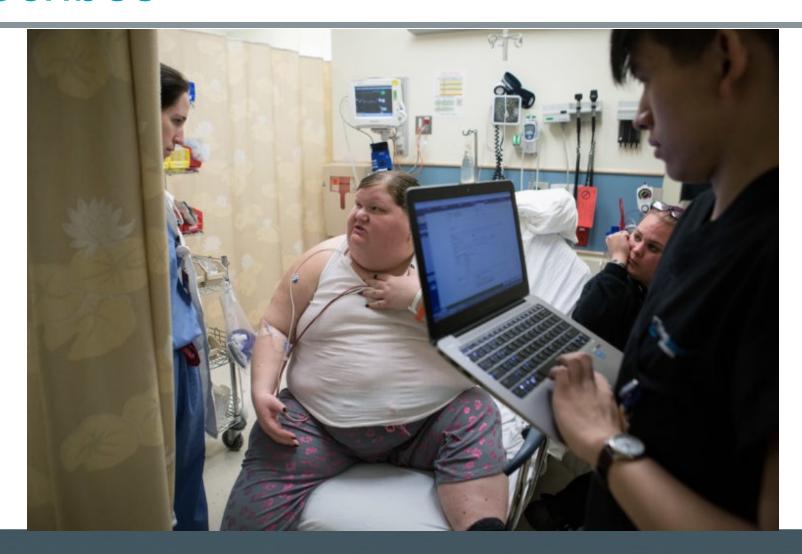
for high

journals.

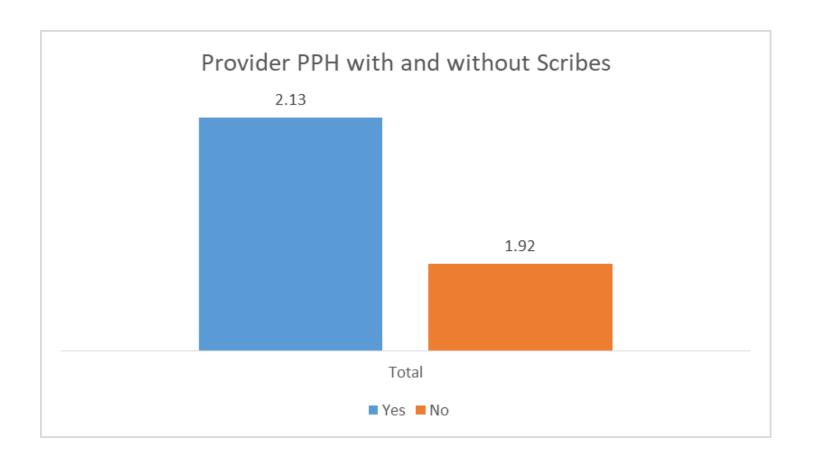
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## Scribes



## **EDBA Impact of Scribes**



#### Scribes vs Voice Dictation





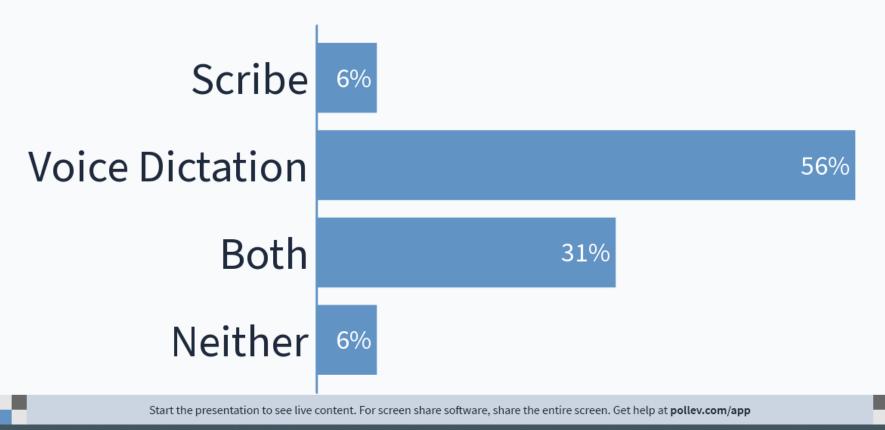


Care settings

Nuance Dragon Medical One



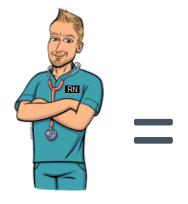
# Does Your ED Currently Use Scribes or Voice Dictation?



## Theory of Constraints – FT Example



3pts/hr 30 min/pt



Nurse

1) How many patients can my clinic see per hour?

- 2) How can you improve this system?
- 3) if you can't add resources....

## 2. Nurse Capacity



## Worked Hours per Patient Visit (whppv)

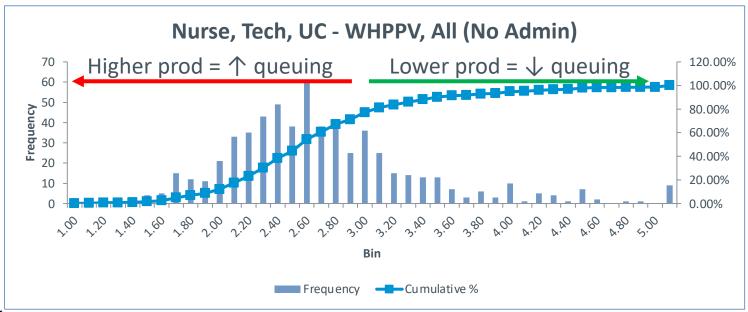
Nursing worked hours per patient visit:

WHPPV is just the inverse of the calculation we use for provider pts/hr

$$\frac{1400 \text{ pts/wk}}{700 \text{ doc hrs/wk}} = \frac{2}{\text{pts/hr}} \left(\frac{88}{4}\right) \frac{1000 \text{ RN hrs/wk}}{600 \text{ pts/wk}} = \frac{1.67}{\text{whppv}}$$

 Total worked hours per patient visit is calculated similarly, but includes all other staff as well as nurse admin FTEs.

#### EDBA WHPPV – All Sites



WHPPV, All (No Admin)		
Mean	2.68	
Median	2.56	
Mode	2.80	
Standard Deviation	0.80	
Range	7.70	
Minimum	0.67	
Maximum	8.37	
Count	610	

\*This data set does not include admin FTE



#### What is Your Current Nurse WHPPV?

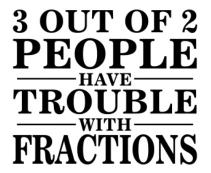


I don't know

82%

## 2. Capacity – Nurse Staffing Ratios

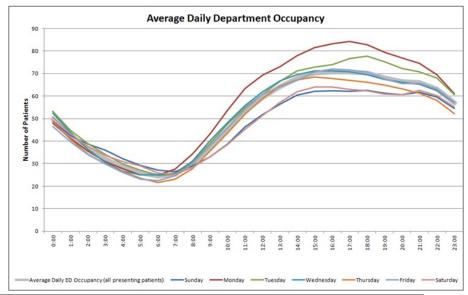
- 1. Many nurse staffing paradigms are driven off of bed ratios (4 beds per nurse)
- 2. Nurse staffing will depend on occupancy

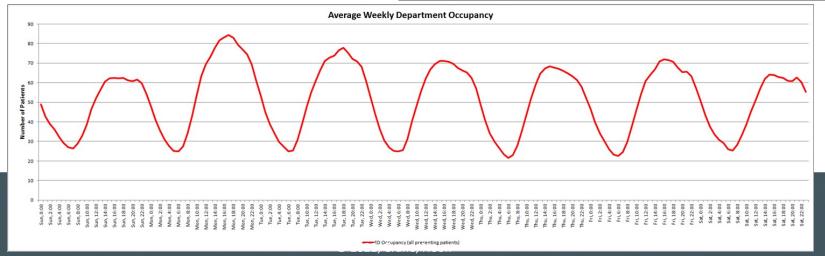




# 2. Capacity – Nurse Staffing Ratios

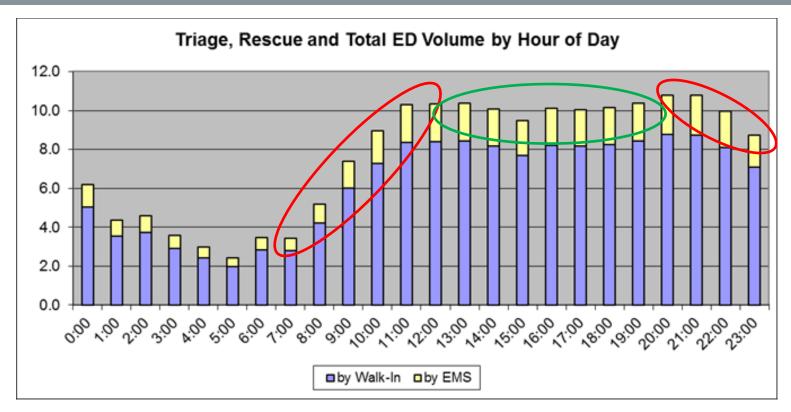
- Many nurse staffing paradigms are driven off of bed ratios (4 beds per nurse)
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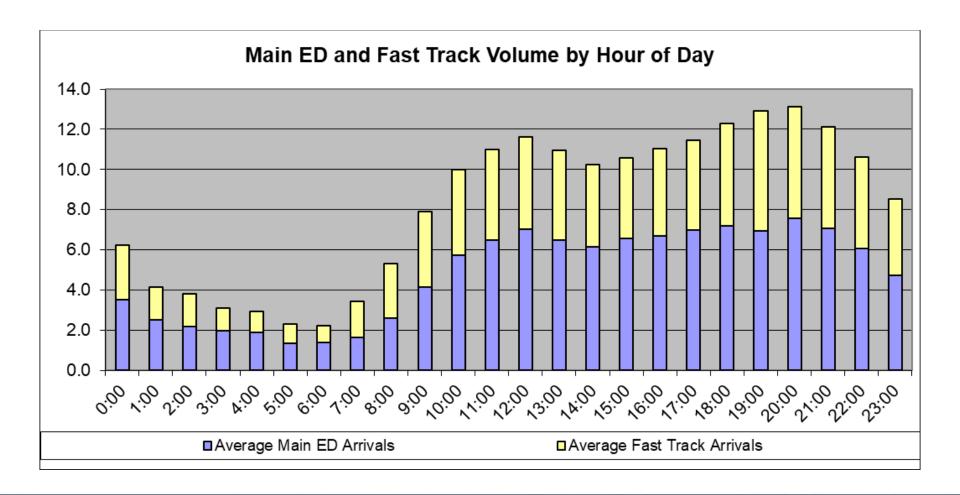


## **Dynamic Capacity Alignment**

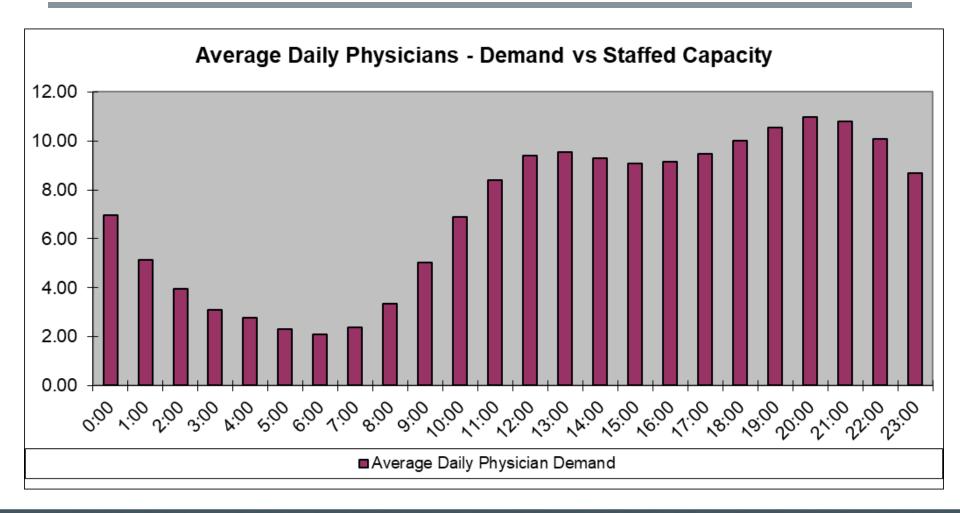


Steady state staffing is straightforward Ramp up and ramp down is more difficult

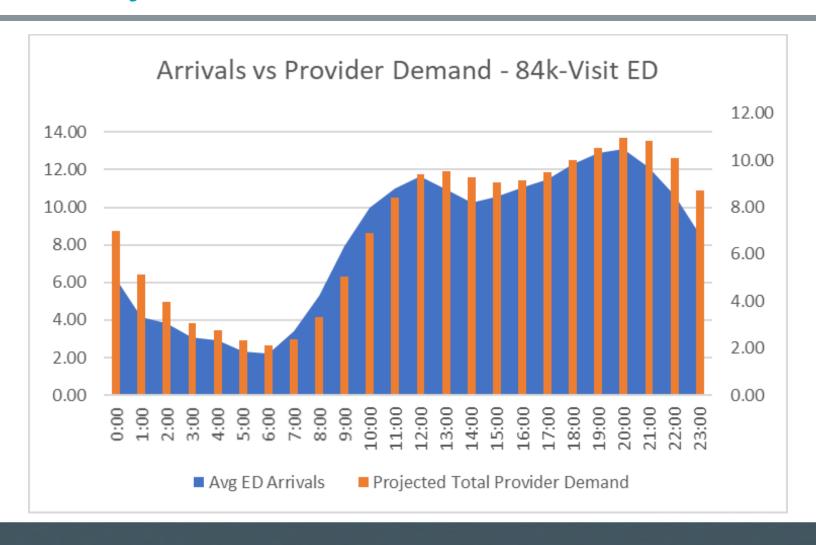
#### Arrivals – 72k Visits



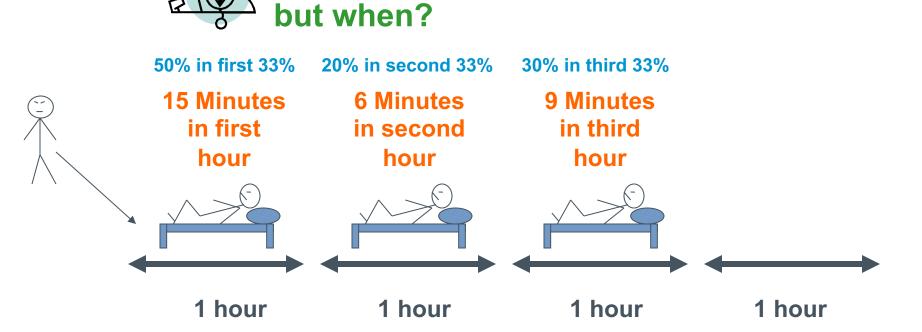
#### Provider Demand – 72k Visits



## Overlay Arrivals and Provider Demand



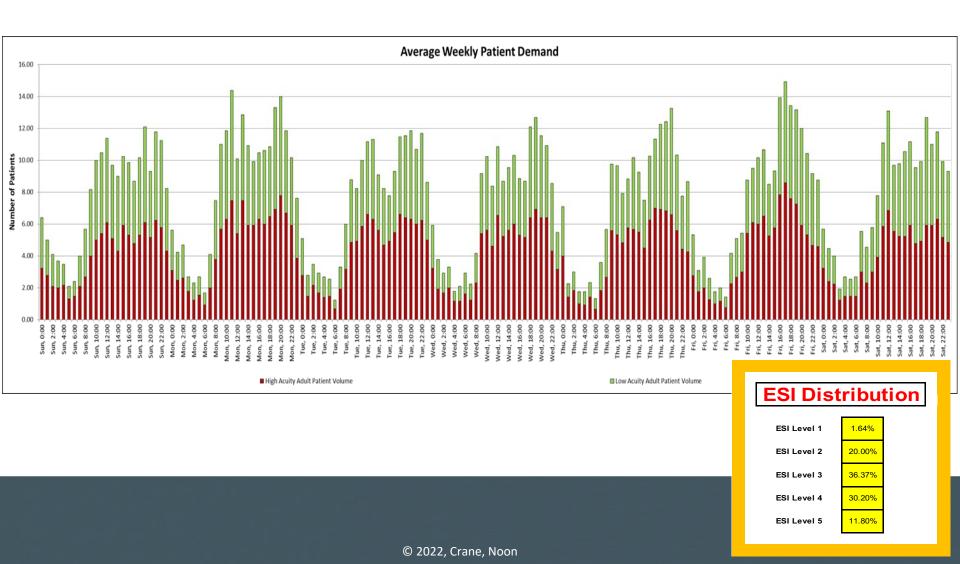
## MD Demand – 2 pts/hr



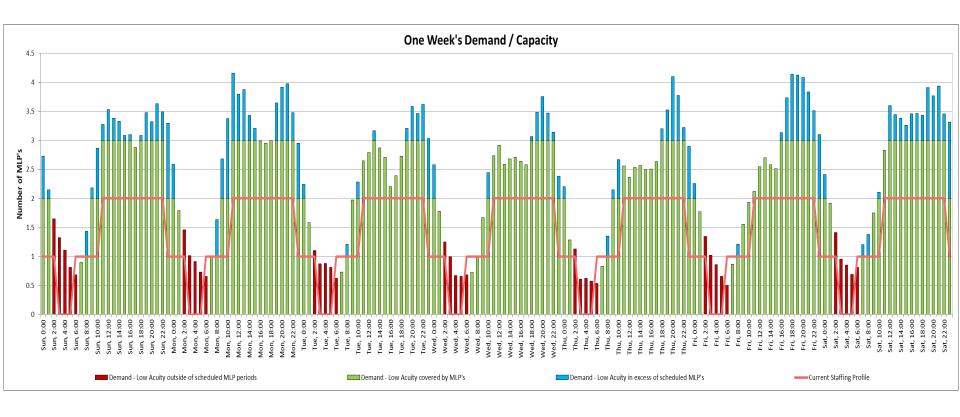
MD spends 30 minutes per patient,

3-hour Length Of Stay

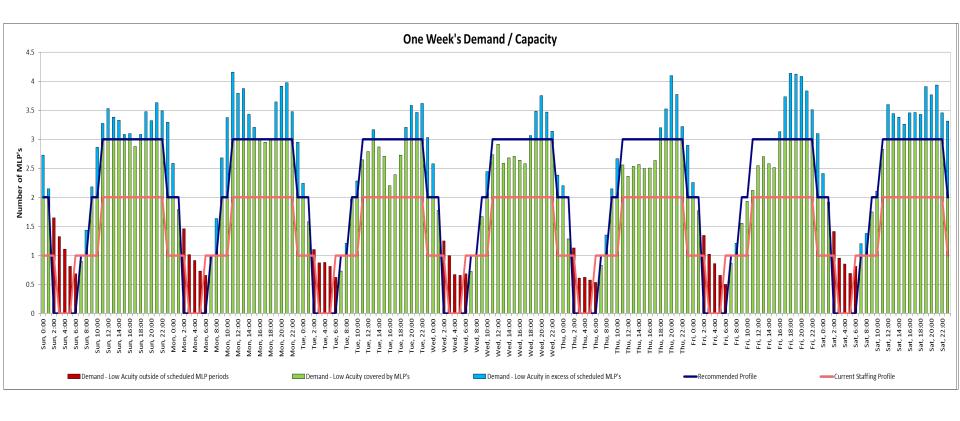
# Optimizing the Alignment



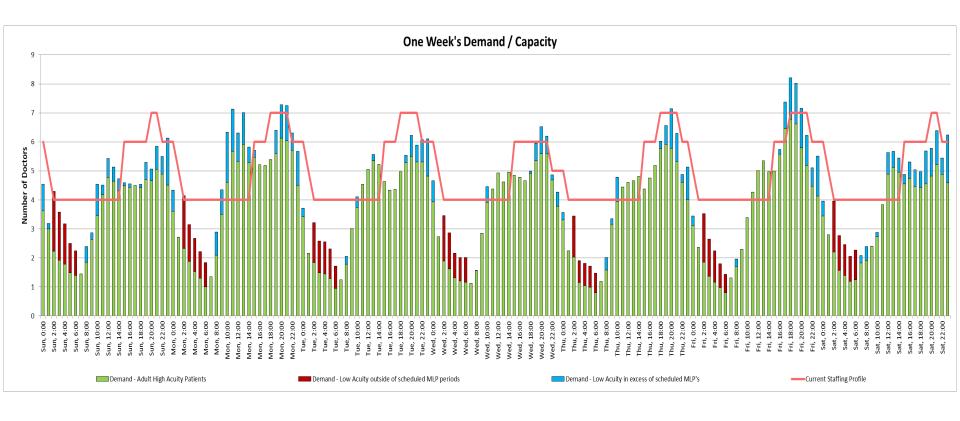
## **APC**



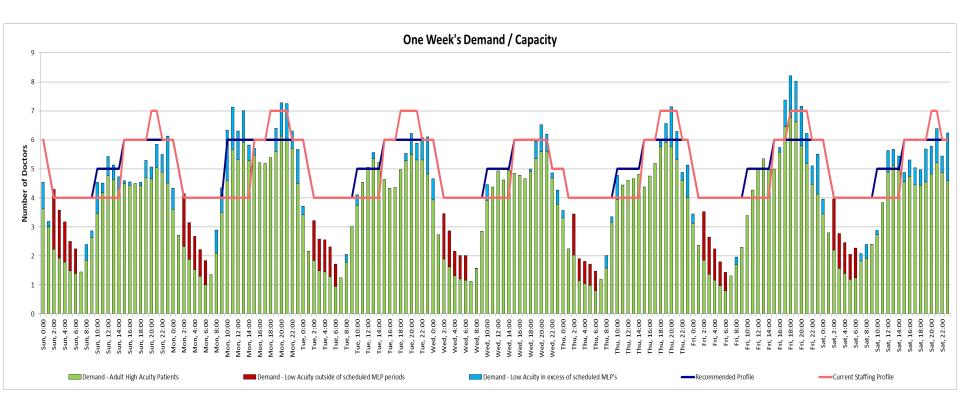
## **APC**



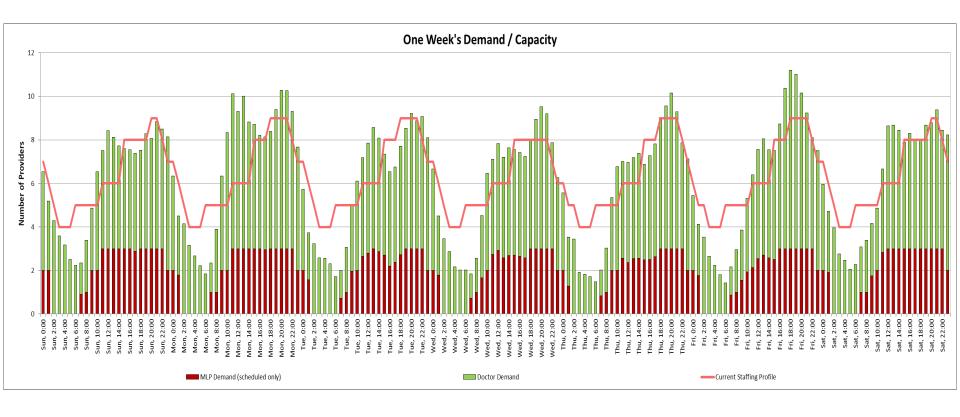
# Physician



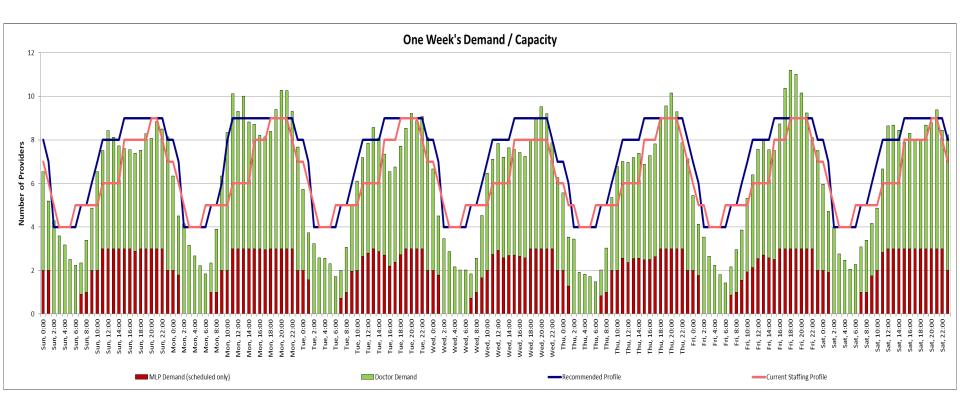
# Physician



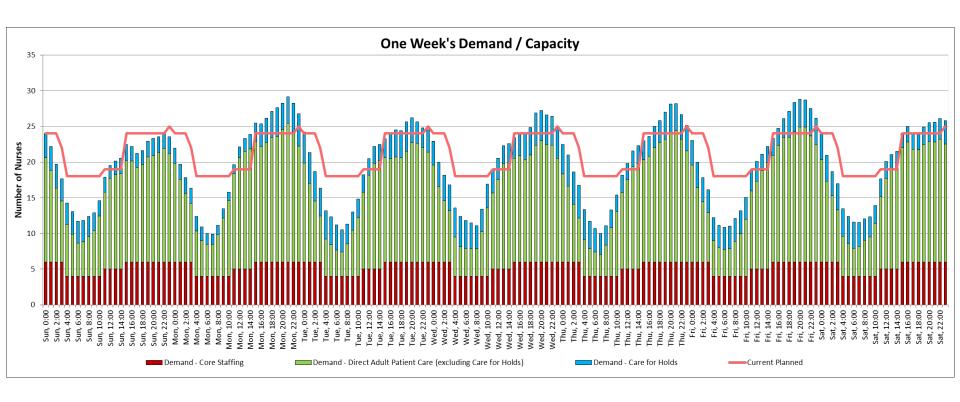
### Provider



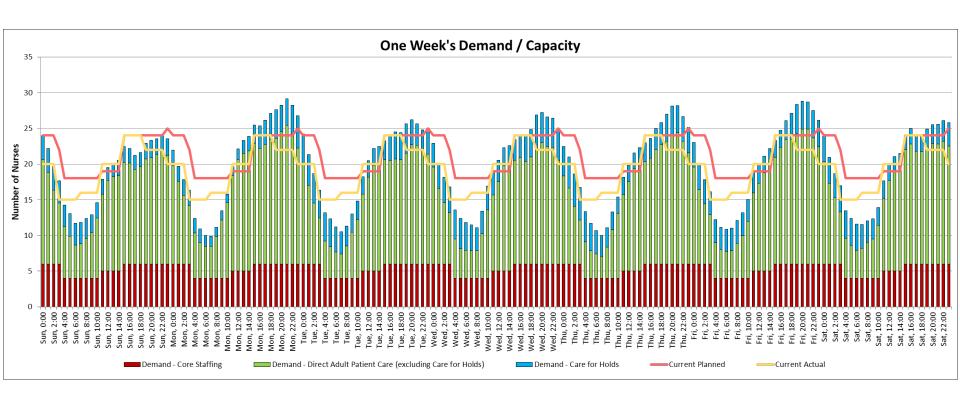
### Provider



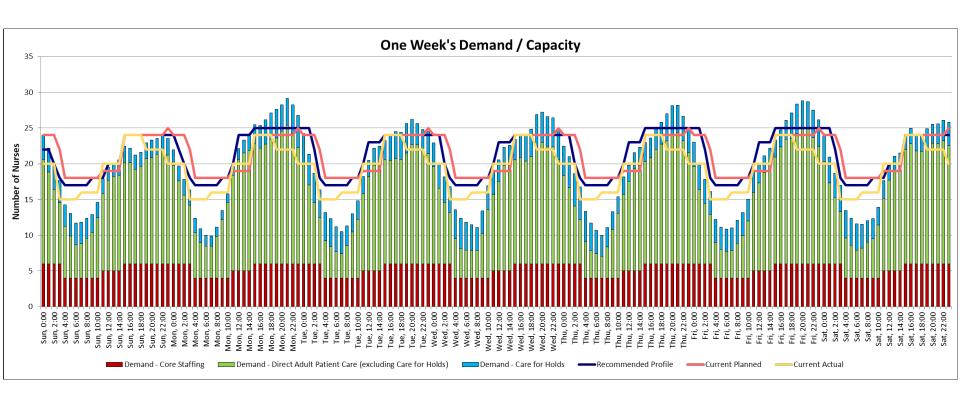
# Current Nurse Staffing - Planned



## Current Nurse Staffing - Actual



## **Future Nurse Staffing**



### Basic Approach to Staffing

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#### Staffing an ED Appropriately and Efficiently

Many EDs Vary 40% Between Their Slowest and Busiest Days, So Peak Load Crises Are Inevitable. But How Many Are Tolerable?

**ACEP News** August 2009

By Martha Collins

ACEP News Contributing Writer

Having the right mix of physicians, nurses, midlevel providers, and support staff in the emergency department can help ensure emergency department efficiency, patient satisfaction, cost-effective care, and medical-legal safety. But just how do you know that you are staffing your emergency department appropriately and efficiently?

"When it comes to ED staffing, there are strategic drivers and tactical drivers. The strategic drivers are quality of care, patient safety, and the level of service you want to deliver. The tactical drivers are patient volume, acuity, patient length of stay, admit holds, physician capabilities, and non-physician staffing," said Kirk B. Jensen, M.D., MBA, who is chief medical officer for BestPractices, Inc. Dr. Jensen also is a faculty member of the Institute for Healthcare Improvement (IHI) in Boston, and chair of IHI's collaborative on Improving Flow in the Acute Care Setting and Operational and Clinical Improvement in the ED

- Geography,Process,
- and People

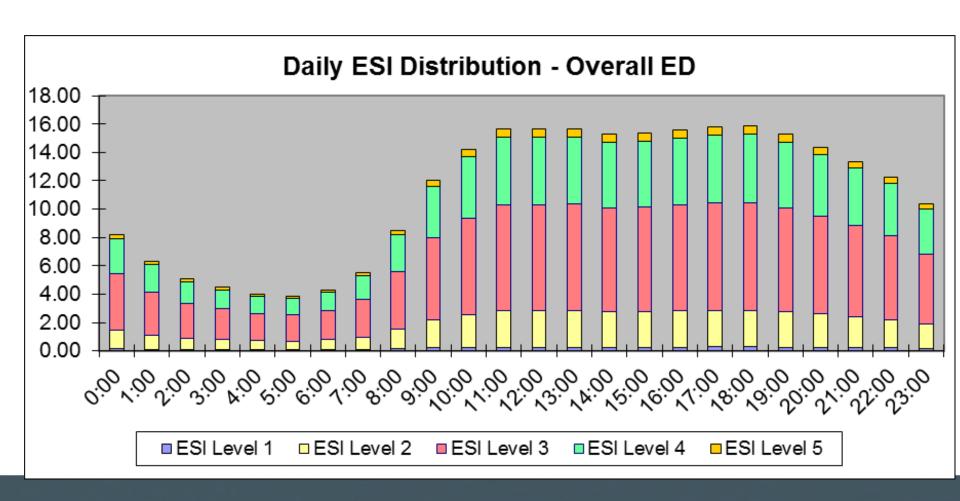
### This ED is a lot harder to staff....



### Than this ED....



### **Arrival Acuity by HOD**



# There are Really Only 3 Types of ED Patients...

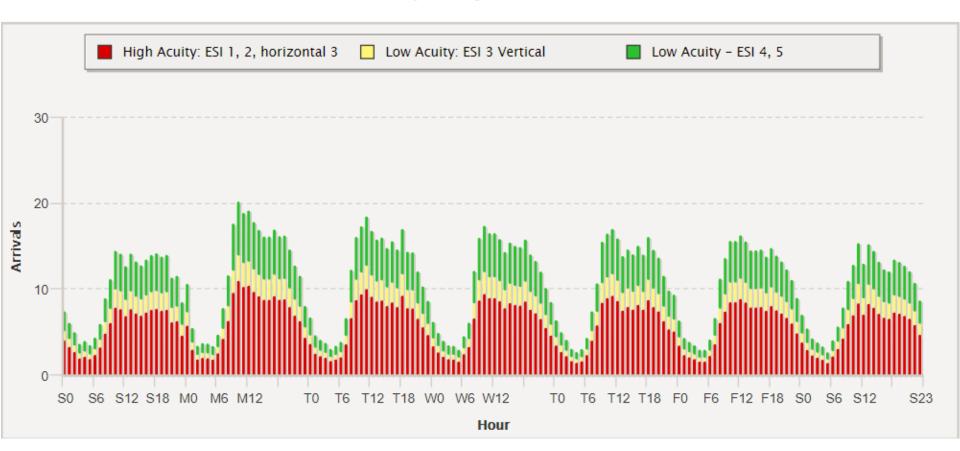






# **Optimizing Streams**

#### Arrivals: Horizontal versus Vertical, 3 layers





Walk-in **Arrivals** 

#### Assessment



8 pts/hr "Vertical" Super Track

Easy

3 pts/hr "Vertical" Intake/RME

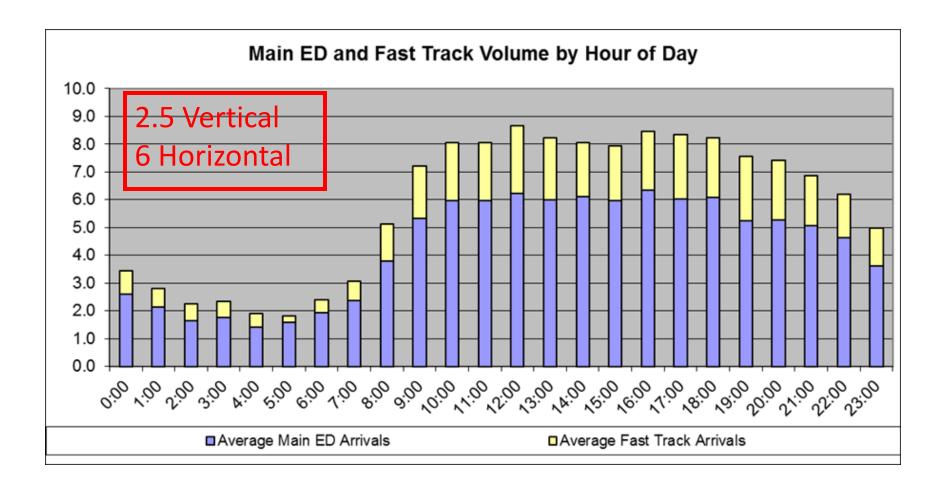


**Ambulance Arrivals** 



8 pts/hr "Horizontal" Main ED

### Low Acuity Arrivals = ESI 4,5

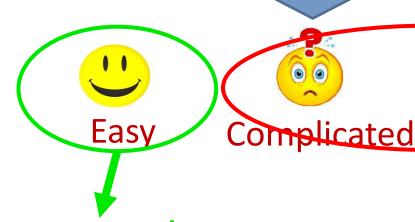




Walk-in Arrivals

### <u>Assessment</u>

Ambulance Arrivals



2.5 pts/hr
"Vertical"
Super Track

6 pts/hr
"Horizontal"
Main ED

Sick

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#### SPECIAL OPS



DR. WELCH is a practicing emergency physician with Utah Emergency Physicians and a research follow at the Intermountain Institute for Health Care Delivery Research. She has written numerous articles and three books on ED quality safety, and efficiency. She is a consultant with Quality Matters Consulting and her expertise is in ED operations.

# The SuperTrack Is SUPER!

Patient segmentation can improve efficiency, patient care, and other key ED metrics

Other newer examples of patient segmentation include:

- Geriatric ED
- Chest pain center
- Pediatric ED
- Critical decision unit
- Observation unit
- SuperTrack

by SHARI WELCH, MD, FACEP

or emergency departments seeing medium to high volumes of patients, the concept of patient segmentation is becoming popular as a flow strategy.13 Patient segmentation means grouping patients requiring similar levels of care and having similar anticipated lengths of stay (LOS) into a geographic area with dedicated staff and resources. The earliest example of patient segmentation is Fast Track, which now has a very compelling body of literature behind it.34 Other newer examples of patient segmentation include:

- · Geriatric ED
- · Chest pain center
- · Pediatric ED
- · Critical decision unit
- · Observation unit
- · SuperTrack

SuperTrack was pioneered by Jody Crane, MD, in the Mary Washington Hospital Emergency Department in Fredericksburg, Virginia, as part of a complete patient-flow makeover. The Mary Washington ED was seeing more than 100,000 visits when it opened its new doors in 2006 and was plagued with front-end waits and delays. As part of a complete overhaul of its ED patient flow, Crane and his colleagues



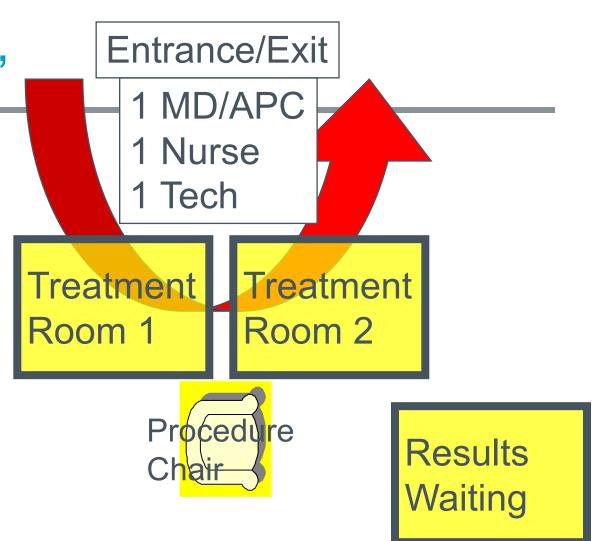
acuity patients (Emergency Severity Index Level 5). It dedicated six rooms as SuperTrack from 8 a.m. to 6 p.m., where identified patients would be © 2022, Crane Noon seen by a patient care team con-

Once patients were found to meet the SuperTrack criteria, they were quickly placed in a room, and a patient care tech (PCT) would expedite this process and alert the proplies, and staff dedicated to the care of very low-acuity patients, Parkland UCED improved all of its performance metrics, improved the overall flow of the department, and

# "Super Track"

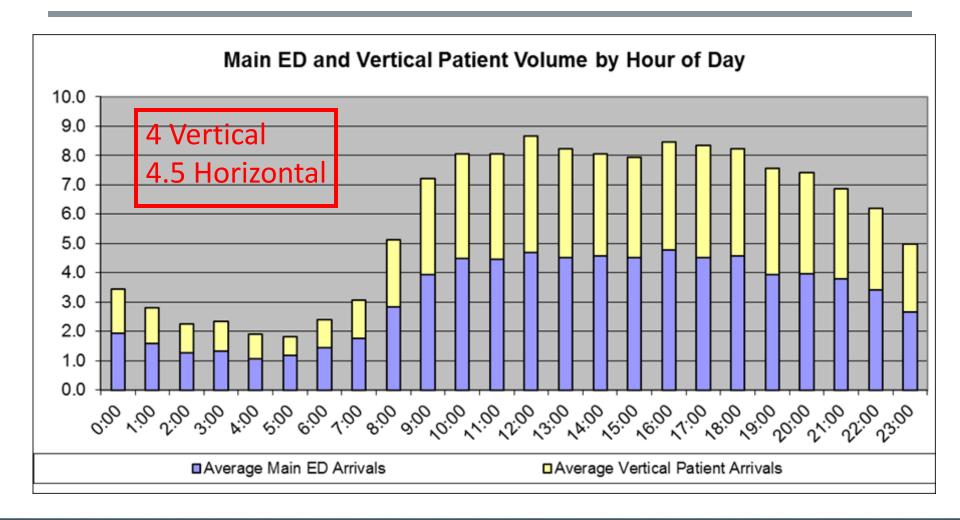
Fast Track located in or near triage for the purpose of promptly treating patients who require very low resource utilization

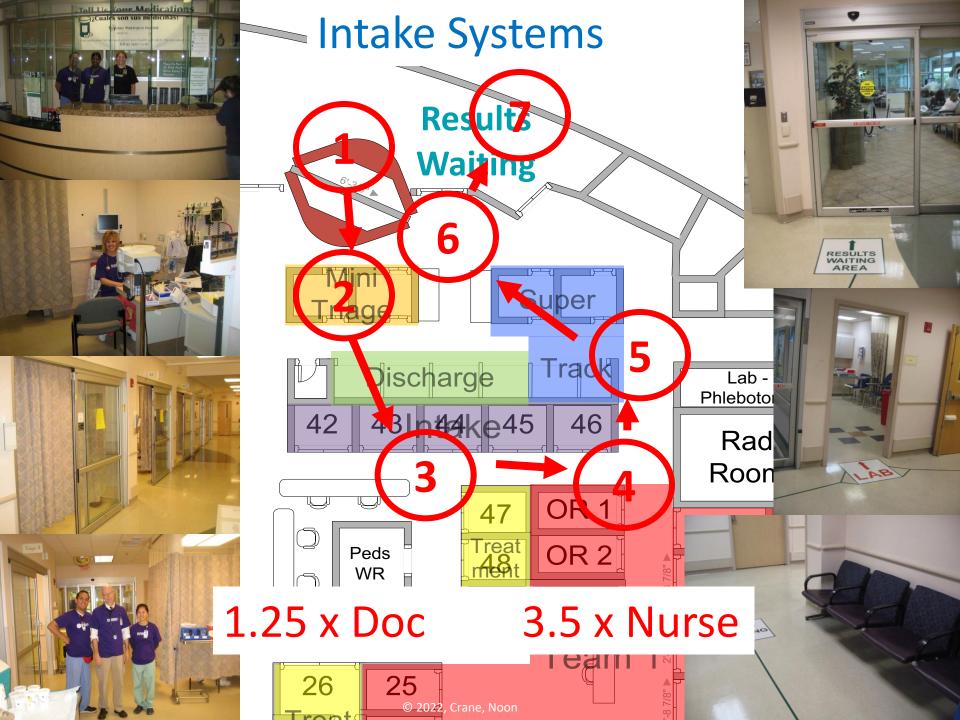
2 x Doc

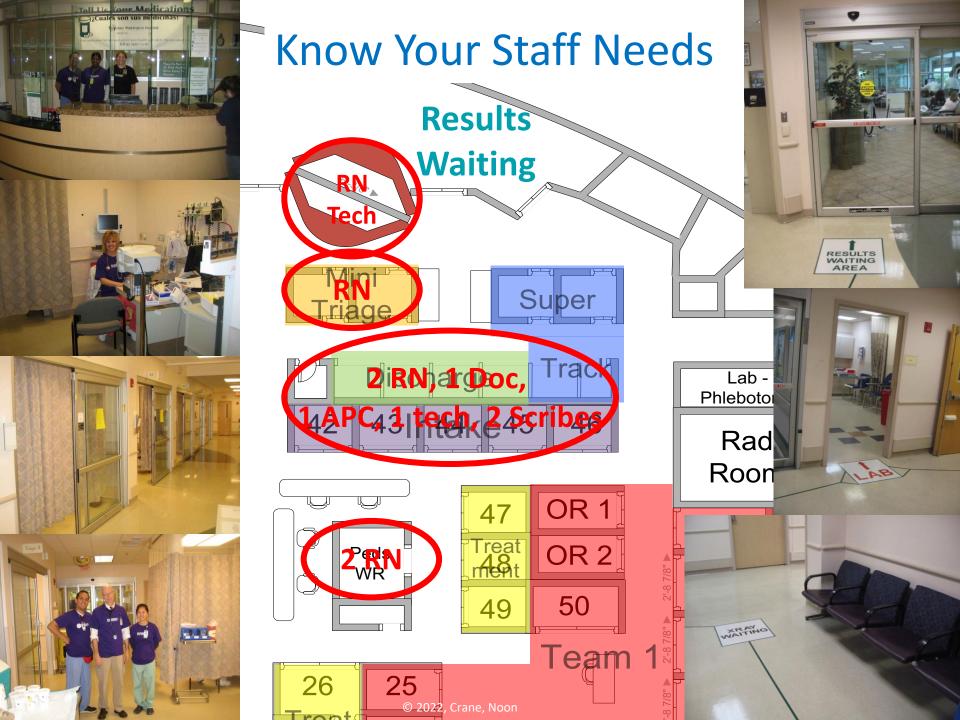


4.5 x Nurse

### Intake Arrivals – ESI 4, 5, 33% ESI 3







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#### Staffing an ED Appropriately and **Efficiently**

Many EDs Vary 40% Between Their Slowest and Busiest Days, So Peak Load Crises Are Inevitable. But How Many Are Tolerable?

**ACEP News** August 2009

By Martha Collins ACEP News Contributing Writer

Having the right mix of physicians, nurses, midlevel providers, and support staff in the emergency department can help ensure emergency department efficiency, patient satisfaction, cost-effective care, and medical-legal safety. But just how do you know that you are staffing your emergency department appropriately and efficiently?

"When it comes to ED staffing, there are strategic drivers and tactical drivers. The strategic drivers are quality of care, patient safety, and the level of service you want to deliver. The tactical drivers are patient volume, acuity, patient length of stay, admit holds, physician capabilities, and non-physician staffing," said Kirk B. Jensen, M.D., MBA, who is chief medical officer for BestPractices, Inc. Dr. Jensen also is a faculty member of the Institute for Healthcare Improvement (IHI) in Boston, and chair of IHI's collaborative on Improving Flow in the Acute Care Setting and Operational and Clinical Improvement in the FD

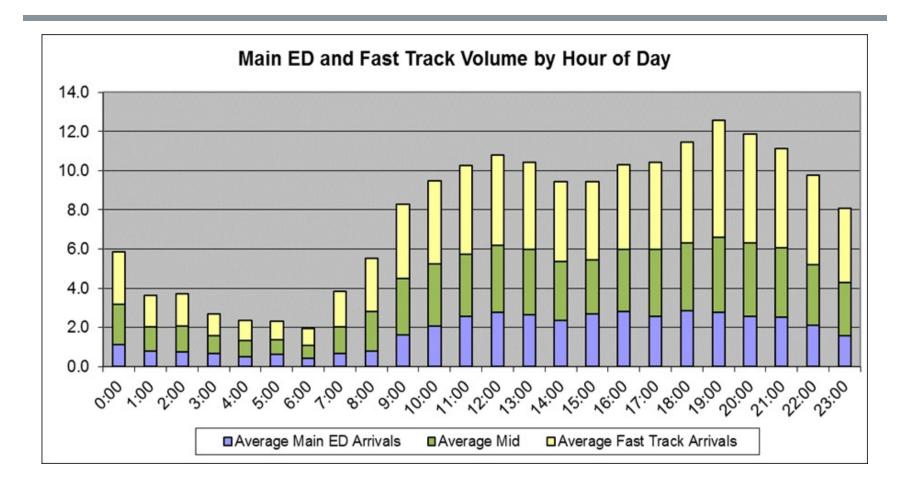
#### Symptoms:

- Elevated patient throughput times
- High left-without-being-seen rate
- Low patient satisfaction
- Clinician behavior in a stressful environment
- Low clinician satisfaction and retention
- The four key drivers of patient satisfaction:
  - Length of stay
  - Quality of the interactions with providers
  - Quality of the explanations
  - Pain management

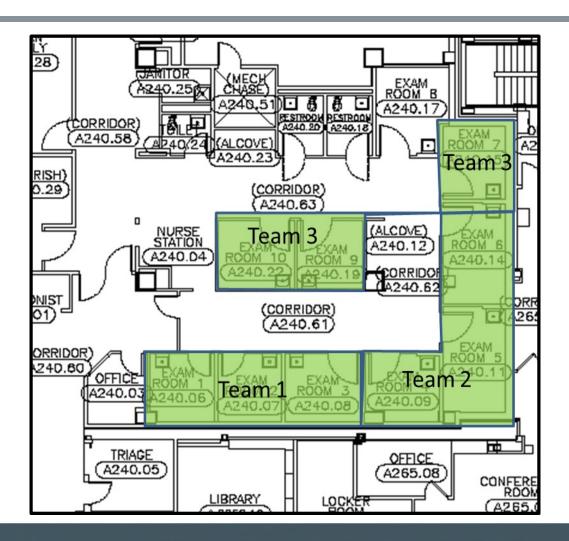
### **Outline**

- Academic Principles
- Case Study 75,000-visit ED
- Approach to Staffing Optimization
  - Define Demand
  - Define Capacity
  - Contextualize
- Conclusions

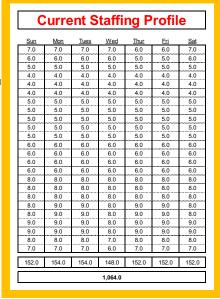
### Case Study - Future Directions



# Low Acuity Option 2

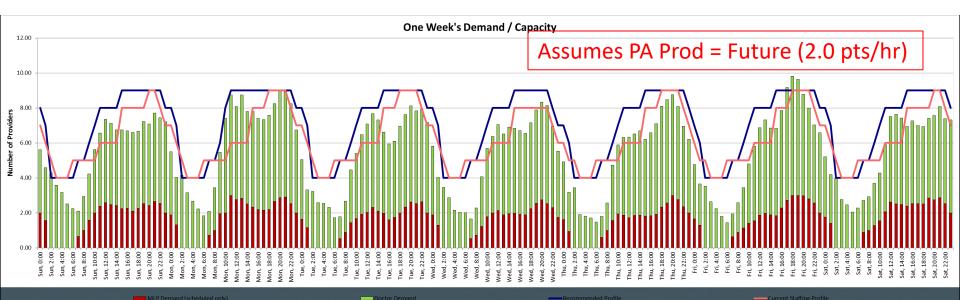


# Overall Provider



Recommended Profile						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
8.0	8.0	8.0	8.0	7.0	7.0	8.0
7.0	7.0	7.0	7.0	6.0	6.0	7.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
4.0	4.0	4.0	4.0	4.0	4.0	4.0
5.0	5.0	5.0	5.0	5.0	5.0	5.0
5.0	5.0	5.0	5.0	5.0	5.0	5.0
6.0	6.0	6.0	6.0	6.0	6.0	6.0
7.0	8.0	7.0	7.0	7.0	7.0	7.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
8.0	9.0	8.0	8.0	8.0	8.0	8.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	9.0	9.0	9.0	9.0
9.0	9.0	9.0	8.0	9.0	9.0	9.0
8.0	8.0	8.0	7.0	8.0	8.0	8.0
170.0	175.0	170.0	168.0	168.0	168.0	170.0
	1,189.0					

Change from Current						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
1.0	1.0	1.0	1.0	1.0	1.0	1.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
2.0	3.0	2.0	2.0	2.0	2.0	2.0
2.0	3.0	2.0	2.0	2.0	2.0	2.0
2.0	3.0	2.0	2.0	2.0	2.0	2.0
2.0	3.0	2.0	2.0	2.0	2.0	2.0
2.0	3.0	2.0	2.0	2.0	2.0	2.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
1.0	0.0	0.0	1.0	0.0	0.0	1.0
1.0	0.0	0.0	1.0	0.0	0.0	1.0
0.0	0.0	0.0	1.0	0.0	0.0	0.0
0.0	0.0	0.0	1.0	0.0	0.0	0.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
1.0	1.0	1.0	1.0	1.0	1.0	1.0
18.0	21.0	16.0	20.0	16.0	16.0	18.0
125.0						

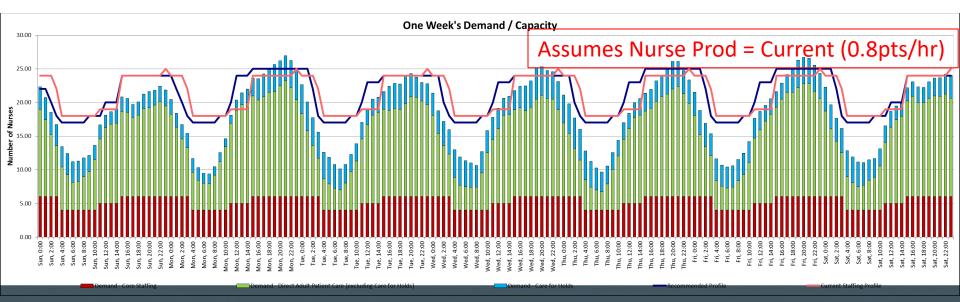


# Overall Nursing

<b>Current Staffing Profile</b>						
Sun	Mon	Tues	Wed	Thur	<u>Fri</u>	Sat
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
22.0	22.0	22.0	22.0	22.0	22.0	22.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
18.0	18.0	18.0	18.0	18.0	18.0	18.0
19.0	19.0	19.0	19.0	19.0	19.0	19.0
19.0	19.0	19.0	19.0	19.0	19.0	19.0
19.0	19.0	19.0	19.0	19.0	19.0	19.0
19.0	19.0	19.0	19.0	19.0	19.0	19.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
24.0	24.0	24.0	24.0	24.0	24.0	24.0
25.0	25.0	25.0	25.0	25.0	25.0	25.0
513.0	513.0	513.0	513.0	513.0	513.0	513.0
3.591.0						

F	Recommended Profile						
Sun	Mon	Tues	Wed	Thur	<u>Fri</u>	Sat	
22.0	24.0	25.0	24.0	24.0	25.0	25.0	
22.0	22.0	25.0	24.0	24.0	25.0	25.0	
20.0	20.0	22.0	20.0	20.0	22.0	22.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
17.0	17.0	17.0	17.0	17.0	17.0	17.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	18.0	18.0	18.0	18.0	18.0	18.0	
18.0	20.0	20.0	20.0	20.0	20.0	18.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
20.0	24.0	23.0	23.0	23.0	23.0	20.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
24.0	25.0	24.0	24.0	25.0	25.0	24.0	
497.0	522.0	516.0	512.0	521.0	525.0	505.0	
	3,598.0						

Change from Current						
Sun	Mon	Tues	Wed	<u>Thur</u>	<u>Fri</u>	Sat
-2.0	0.0	1.0	0.0	0.0	1.0	1.0
-2.0	-2.0	1.0	0.0	0.0	1.0	1.0
-4.0	-4.0	-2.0	-4.0	-4.0	-2.0	-2.0
-4.0	-4.0	-4.0	-4.0	-4.0	-4.0	-4.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
0.0	0.0	0.0	0.0	0.0	0.0	0.0
-1.0	1.0	1.0	1.0	1.0	1.0	-1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
1.0	5.0	4.0	4.0	4.0	4.0	1.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
0.0	1.0	0.0	0.0	1.0	1.0	0.0
-1.0	0.0	-1.0	-1.0	0.0	0.0	-1.0
-16.0	9.0	3.0	-1.0	8.0	12.0	-8.0
7.0						



# What Are You Sinking About?





### Conclusions

- Optimizing staffing in the emergency department requires understanding core flow concepts like queuing theory and the theory of constraints
- An accurate assessment of demand, capacity, and variation is necessary to be successful
- A consistent approach to staffing is necessary to achieve consistent results
- Physician staffing cannot be looked at in isolation and must be contextualized relative to nurse staffing, bed constraints, physical space, skill mix and acuity mix