Diversity, Equity and Inclusion

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Diversity, equity and inclusion should be a major focus for healthcare organizations.

What We Will Cover

What is diversity, equity and inclusion?

What is bias and how it effects your work?

Why is DE&I important?

What can you do to improve DE&I at your organization?

Diversity, Equity and Inclusion - What does it mean?

Defining Diversity & Inclusion

"Diversity"

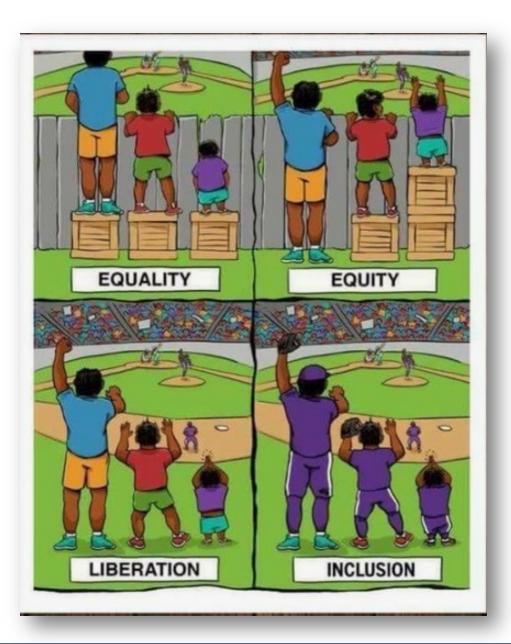
"Inclusion"

Means that group, team, or organization includes people of varying gender, generation, religious affiliation, race, ethnicity, sexual orientation, abilities, social and academic background, etc.

Refers to creating an environment and culture where all differences are valued, respected and **leveraged** without any bias. Everyone has opportunity to contribute and achieve success.

"Diversity is being invited to the party; inclusion is being asked to dance." –Verna Myers





You can have biases towards a particular person or group and not realize it.

I believe I have some biases towards a certain group or groups of people.

Bias- The Enemy of Inclusion and Equity

EXPLICIT BIAS (CONSCIOUS)

IMPLICIT BIAS (UNCONSCIOUS)

Refers to the attitudes and beliefs we have on a conscious level Refers to the attitudes and beliefs we have on an unconscious level



Diversity, Equity, and Inclusion - Why is it important?

Diversity and inclusion can improve a team's or organization's performance.

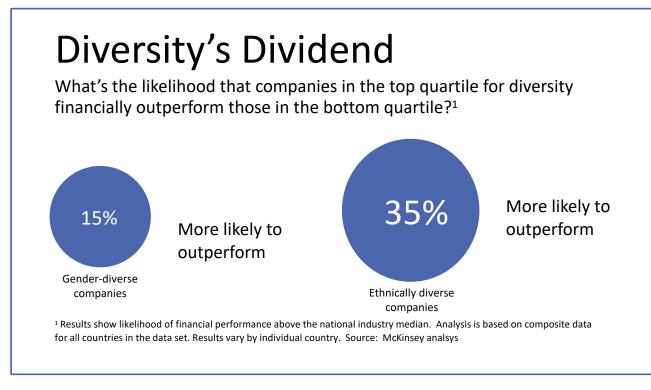
Company Policy and Personal Activity

Company policy can deliver diversity, but inclusion is delivered through individuals



Valuing Diversity & Practicing Inclusion

Business Case: Diversity Impacts Performance



Types of Bias in the Workplace



Types of Implicit Bias in the Workplace

ATTRIBUTION BIAS

- Attribution bias is a phenomenon where you try to make sense of or judge a person's behavior based on prior observations and interactions you've had with that individual or people similar to that individual that make up your perception of them.
- Rather than assuming, get the facts. Question yourself when you give the benefit of the doubt to some and not others. Ask questions, do the research to understand the truth.

AFFINITY BIAS

- Affinity bias, also known as similarity bias, is the tendency people have to connect with others who share similar interests, experiences and backgrounds
- To overcome affinity bias: Intentionally take note of the similarities you share with the someone so that you can differentiate between attributes that may cloud your judgement and the concrete skills, experiences and unique qualities that contribute or would attribute to your team as a 'culture add' rather than 'culture fit.'

Types of Implicit Bias in the Workplace

CONFIRMATION BIAS

- Confirmation bias is the inclination to draw conclusions about a situation or person based on your personal desires, beliefs and prejudices rather than on unbiased merit.
- To overcome confirmation bias-Take everything to ground zero. Remove any preestablished assumptions and based finding on facts. Ask standardized question. Do the same procedure in each instance without regard to pre-developed thoughts or conclusions.

CONFORMITY BIAS

- Conformity bias is the tendency people have to act similar to the people around them regardless of their own personal beliefs or idiosyncrasies — also known as peer pressure.
- Be authentic. Leaders create psychological safety.

Macroaggressions

Verbal, behavioral, and environmental indignities that communicate hostile, derogatory, or negative slights and insults to the target person or group.

Examples

- I can understand you clearly, you don't have an accent at all. You must have been born in America.
- Do you plan on wearing your hair that way to the budget meeting?
- You speak so well, so articulate?

What to do

- Be careful
- Let it go or address it

Unconscious bias can negatively affect clinical care.

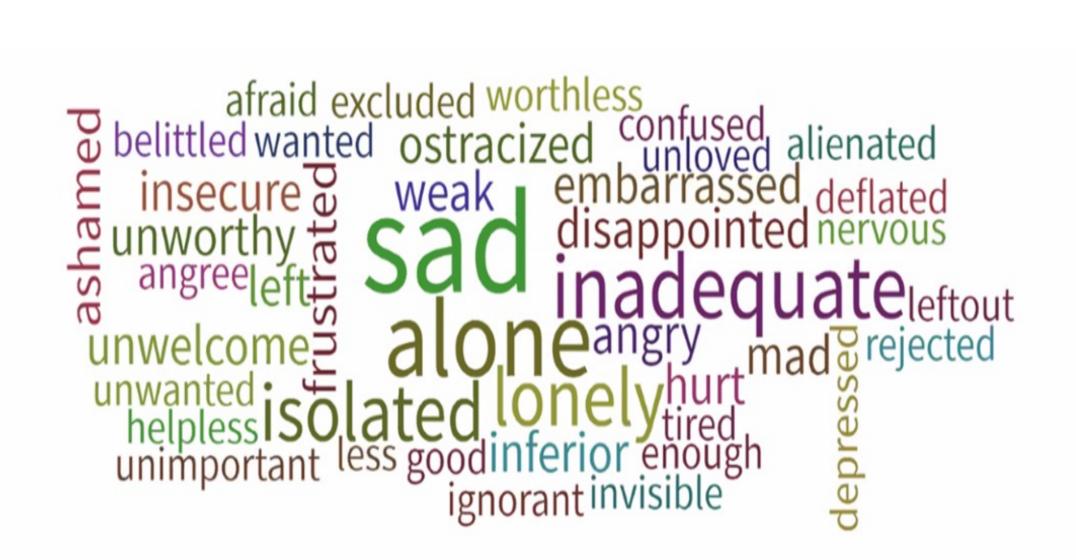
The Clinical Benefits of Inclusion



Inclusive behavior comes naturally, it's not anything you have to practice.

Diversity, Equity and Inclusion - What can I do?





What Can You Do?

Educate yourself

- Harvard Bias Test
 - https://implicit.harvard.edu/implicit/takeatest.html
- You Tube
- More

Practice inclusion

Learn about languages

Address non-inclusive statements/behavior

Get out of your box

Diversity, Equity and Inclusion

- Questions?

