# **DEHYDRATION**

### TRANSFER CRITERIA

Acceptable VS

Mild to moderate dehydration

Self-limiting or treatable cause not requiring hospitalization

Mild to moderate electrolyte abnormalities (if done)

Hyperemesis Gravidarum

#### **EXCLUSION CRITERIA**

Unstable VS

Cardiovascular compromise

Severe dehydration

Severe electrolyte abnormalities

Associated cause not amenable to short term treatment: bowel obstruction, appendicitis, bowel ischemia, DTs, DKA, sepsis, etc.

## **PONTENTIAL INTERVENTION**

 $IV\ hydration\ (D5\overline{LR}\ if\ hyperemesis\ gravidarum)$ 

Serial exams and VS

Antiemetics

#### **DISPOSITION**

Home - Acceptable VS

Resolution of symptoms, able to tolerate oral fluids

Normal electrolytes (if done)

Hospital - Unstable VS

Associated cause found requiring hospitalization

Inability to tolerate oral fluids